



Team

Results of all Finals and Heats

Ordered by Item types

Performance Scores: IAAF_2017 table, Electronic Time, Height above sea=1400

Place	Athlete,Number,Birthdate	Perf	Points	Score	Medal	Records
Item 217 16:15 Final Girls U16 100m						
				+0.7		
1	MURRAY,Kayla, 215,	HWTK	12.21	8	1200	G
2	MATSHITSE,Reaobaka, 547, / /	TUKS	12.46	7	1200	S
3	WILLIAMS,Ashley, 310, / /	MIDS	12.64	6	1200	B
4	MAPAPANYANE,Orefemetse	TUKS	12.81	5	1200	
5	VAN DEN BERG,Minieke, 188, / /	HMPK	12.86	4	1200	
6	NAANE,Atang Onkarabetse, 558, / /	TUKS	12.99	3	1200	
7	MOFOKENG,Marang, 352, / /	MOOT	13.12	2	1200	
0	PRINCESS,Ntuli, 406, / /	PC	DNS	0	0	
Item 159 11:20 Heat 1 of 2 Girls U16 100m						
				+0.7		
1	WILLIAMS,Ashley, 310, / /	MIDS	12.63		1200	
2	NAANE,Atang Onkarabetse, 558, / /	TUKS	12.87		1200	
3	PRINCESS,Ntuli, 406, / /	PC	13.12		1200	
4	MOFOKENG,Marang, 352, / /	MOOT	13.20		1200	
5	DE KLERK,Anika, 179, / /	HMPK	13.21		1200	
6	SEMONO,Thato, 582, / /	TUKS	13.99		1200	
Item 159 11:20 Heat 2 of 2 Girls U16 100m						
				+0.8		
1	MURRAY,Kayla, 215,	HWTK	12.19		1200	
2	MATSHITSE,Reaobaka, 547, / /	TUKS	12.59		1200	
3	VAN DEN BERG,Minieke, 188, / /	HMPK	12.84		1200	
4	MAPAPANYANE,Orefemetse	TUKS	12.90		1200	
5	DE JONGH,Megan, 10, / /	AHMP	13.23		1200	
6	MLILO,Naledi, 89, / /	CHZ	14.29		1200	
Item 211 15:55 Final Boys U16 100m						
				-0.8		
1	NKOANA,Bradley Botshelo, 722, / /	TUKS	10.61	8	1200	G
2	TYANTINI,Tshepo Jason, 756, / /	TUKS	10.92	7	1200	S
3	DENZEL,Ndlovu, 418, / /	PC	10.99	6	1200	B
4	SHABANGU,Bokamoso Shadrack, 743,	TUKS	11.31	5	1200	
5	MAHLANGU,Endurance, 319, / /	MIDS	11.33	4	1200	
6	GROSSKOPF,Rolandt, 195, / /	HMPK	11.43	3	1200	
7	MOKETLA,Magoro, 435, / /	PC	11.56	2	1200	
0	CONNOWAY,Breyten, 220,	HWTK	DNS	0	0	
Item 147 10:40 Heat 1 of 3 Boys U16 100m						
				+1.9		
1	NKOANA,Bradley Botshelo, 722, / /	TUKS	10.68		1200	
2	CONNOWAY,Breyten, 220,	HWTK	10.81		1200	
3	AVIWE,Mqokolo, 415, / /	PC	11.59		1200	
4	BAKWENA,Leatile, 631, / /	TUKS	12.01		1200	
5	MABOTE T63,Puseletso, 266, / /	IASC	12.82		1200	
0	LOBE,Kenneth, 357, / /	MOOT	DNS		0	
Item 147 10:40 Heat 2 of 3 Boys U16 100m						
				+2.2		
1	DENZEL,Ndlovu, 418, / /	PC	10.96		1200	
2	MAHLANGU,Endurance, 319, / /	MIDS	11.22		1200	
3	GROSSKOPF,Rolandt, 195, / /	HMPK	11.27		1200	
4	RAMOKWENA,Percy Bokang, 731, / /	TUKS	12.22		1200	
0	BODLANI,Kamogelo, 355, / /	MOOT	DNS		0	
0	REDDY,Laban, 732, / /	TUKS	DNS		0	
Item 147 10:40 Heat 3 of 3 Boys U16 100m						
				+2.1		
1	TYANTINI,Tshepo Jason, 756, / /	TUKS	11.04		1200	
2	SHABANGU,Bokamoso Shadrack, 743,	TUKS	11.18		1200	
3	MOKETLA,Magoro, 435, / /	PC	11.43		1200	
4	MOGASWE,Keabetswe, 841, / /	UIT	11.45		1200	
0	MERE,Tlotlo, 809, / /	TUT	DNS		0	
Item 216 16:10 Final Women U18 100m						
				+3.8		



1	NOSIPHO,Malinga, 401, / /	PC	11.60	8	1200	G
2	COMPAAN,Mila, 96, / /	ECA	11.89	7	1200	S
3	WANITA,Lefifi, 411, / /	PC	12.00	6	1200	B
4	GERBER,Joanè, 13, / /	AHMP	12.04	5	1200	
5	MABUZA,Andile Angel, 539, / /	TUKS	12.09	4	1200	
6	VAN ROOYEN,Heike, 612, / /	TUKS	12.15	3	1200	
7	RAMOKHUBATHI,Rudzani, 574, / /	TUKS	12.37	2	1200	
8	NOTHNAGEL,Linamarie, 307, / /	MIDS	12.62	1	1200	

Item 152 11:10 Heat 1 of 3 Women U18 100m**+1.7**

1	GERBER,Joanè, 13, / /	AHMP	12.38		1200	
2	NOTHNAGEL,Linamarie, 307, / /	MIDS	12.61		1200	
3	HOPE ,Kelly, 270, / /	JS	12.89		1200	
4	SKHOSANA,Busiswa Reagile, 588, /	TUKS	13.27		1200	
5	LESEGO,Sempene, 395, / /	PC	14.72		1200	

Item 152 11:10 Heat 2 of 3 Women U18 100m**+3.8**

1	WANITA,Lefifi, 411, / /	PC	12.03		1200	
2	MABUZA,Andile Angel, 539, / /	TUKS	12.06		1200	
3	RAMAFOKO,Mpho Precious, 573, / /	TUKS	12.81		1200	
4	BENNECK,Kendra, 508, / /	TUKS	12.89		1200	
5	SMITH,Luandi, 377, / /	OMAC	13.19		1200	
6	DIBETLE,Oratile, 268, / /	JS	13.47		1200	

Item 152 11:10 Heat 3 of 3 Women U18 100m**+2.3**

1	NOSIPHO,Malinga, 401, / /	PC	11.68		1200	
2	COMPAAN,Mila, 96, / /	ECA	12.00		1200	
3	VAN ROOYEN,Heike, 612, / /	TUKS	12.16		1200	
4	RAMOKHUBATHI,Rudzani, 574, / /	TUKS	12.59		1200	
0	KYLA,Vlok, 305, / /	MIDS	DNS		0	
0	MAROAZWA,Leeanne, 468,	ROSS	DNS		0	
0	LACY,Cassidy, 214,	HWTK	DNS		0	

Item 210 15:50 Final Men U18 100m**-2.8**

1	MABUNDA,Mbhoni Rifuwo, 679, / /	TUKS	10.60	8	1200	G
2	RICHARDSON,Benjamin Anadi, 733, /	TUKS	10.64	7	1200	S
3	XOTYENI,Mihlali Mohau, 777, / /	TUKS	10.86	6	1200	B
4	MATHEBULA,KENNETH, 427, / /	PC	10.87	5	1200	
5	BRAND,Luke, 29,	AHS	10.89	4	1200	
6	SMITH,Dwayne, 117, / /	ECA	11.02	3	1200	
7	MCOSANA,Sibusiso, 696, / /	TUKS	11.05	2	1200	
0	BREEDT,JJ, 859, / /	JS	DNS	0	0	

Item 13 12:30 Final Men U18 100m Decathlon**+0.1**

1	BRONKHORST,Ruan, 640, / /	TUKS	11.68		715	
2	VOGEL,Phillip Lodewyk, 771, / /	TUKS	12.17		618	

Item 146 10:30 Heat 1 of 3 Men U18 100m**+0.5**

1	MABUNDA,Mbhoni Rifuwo, 679, / /	TUKS	10.45		1200	
2	BRAND,Luke, 29,	AHS	10.69		1200	
3	MCOSANA,Sibusiso, 696, / /	TUKS	10.86		1200	
4	SMITH,Dwayne, 117, / /	ECA	10.87		1200	
5	LETHABO,Pamla, 433, / /	PC	11.13		1200	
6	MASHABELA,Karabo, 501, / /	SUN	11.46		1200	
7	BADENHORST,Andreas, 156, / /	HCEN	12.16		1200	

Item 146 10:30 Heat 2 of 3 Men U18 100m**+1.6**

1	RICHARDSON,Benjamin Anadi, 733, /	TUKS	10.61		1200	
2	MATHEBULA,KENNETH, 427, / /	PC	10.74		1200	
3	TSHIFURA,Mukhethwa, 755, / /	TUKS	10.87		1200	
4	LERATO,Matjila, 431, / /	PC	10.91		1200	
5	SELOANE,Katlego, 851,	WC	11.14		1200	
6	PHAEDI,Kitso, 456, / /	PBHS	11.85		1200	
7	MBELE,Steve, 279, / /	MAC	12.63		1200	

Item 146 10:30 Heat 3 of 3 Men U18 100m**+2.8**



1	XOTYENI,Mihlali Mohau, 777, / /	TUKS	10.75	1200
2	BREEDT,JJ, 859, / /	JS	11.06	1200
3	SKHOSANA,Andy, 224,	HWTK	11.11	1200
4	SIMELANE,Ndumiso, 746, / /	TUKS	11.26	1200
5	RADLOFF,Alexander, 457, / /	PBHS	11.65	1200
6	NEL,Armandt, 173, / /	HGF	12.43	1200
0	MBATSHA,Diba, 320, / /	MIDS	DNS	0
0	KHUMALO,Mpilo, 429, / /	PC	DNS	0

Item 213 16:05 Final Women U20 100m**+1.4**

1	BANELE,Shabangu, 391, / /	PC	11.68	8	1200	G
2	EILERD,Charlize, 12, / /	AHMP	11.72	7	1200	S
3	XEYI,Rose, 622, / /	TUKS	11.77	6	1200	B
4	BOMPAS,Jessica, 511, / /	TUKS	12.04	5	1200	
5	VAN WYK,Odette, 207, 2002/08/22	HOVK	12.09	4	1200	
6	LEGODI,Karabo, 62, / /	BOX	12.12	3	1200	
7	BLIGNAUT,Janie, 177, / /	HMPK	12.13	2	1200	
8	TUMISHO,Mmatli, 410,	PC	12.31	1	1200	

Item 151 11:00 Heat 1 of 3 Women U20 100m**+2.0**

1	EILERD,Charlize, 12, / /	AHMP	11.77	1200
2	XEYI,Rose, 622, / /	TUKS	11.86	1200
3	VAN WYK,Odette, 207, 2002/08/22	HOVK	12.20	1200
4	AGNES,Manyaka, 388, / /	PC	16.74	1200

Item 151 11:00 Heat 2 of 3 Women U20 100m**+1.8**

1	BANELE,Shabangu, 391, / /	PC	11.86	1200
2	LEGODI,Karabo, 62, / /	BOX	12.07	1200
3	BOMPAS,Jessica, 511, / /	TUKS	12.08	1200
4	PHASA,REMONEILWE, 857, / /	TUKS	12.31	1200
5	JONKER,Mariska, 232, / /	HZWK	12.62	1200
6	VISAGIE,Kayla, 847, 2002/03/06	WILL	12.80	1200
0	HANENKOM,Natalie, 529, / /	TUKS	DNS	0

Item 151 11:00 Heat 3 of 3 Women U20 100m**+1.1**

1	BLIGNAUT,Janie, 177, / /	HMPK	12.33	1200
2	TUMISHO,Mmatli, 410,	PC	12.44	1200
3	PIETERS,NIKYSHA (LSEN), 271, / /	JS	12.74	1200
4	SMITH,Elddene, 277, / /	MAC	12.80	1200
0	VOSLOO,Leonette, 619, / /	TUKS	DNS	0

Item 209 15:45 Final Men U20 100m**-0.5**

1	MASWANGANYI,Phatitshedzo, 688, /	TUKS	10.24	8	1200	G
2	DAMBILE,Sinesipho, 646, / /	TUKS	10.29	7	1200	S
3	POTGIETER,Eckhardt, 45,	AHS	10.30	6	1200	B
4	JOHNSON,Elviano, 668, / /	TUKS	10.46	5	1200	
5	GRAY,Samuel, 661, 2002/02/11	TUKS	10.76	4	1200	
6	MOHAMED,Mikaail, 704, / /	TUKS	10.85	3	1200	
7	THANTSA,Katlego Neo, 754, / /	TUKS	10.93	2	1200	
8	VENTER,Jaco, 768, / /	TUKS	10.97	1	1200	

Item 144 10:20 Heat 1 of 4 Men U20 100m**+1.1**

1	VENTER,Jaco, 768, / /	TUKS	10.72	1200
2	VAN WYK,Eddie, 120, / /	ECA	10.81	1200
3	THANTSA,Katlego Neo, 754, / /	TUKS	10.84	1200
4	NGCOBO,Simphe Steven, 717, / /	TUKS	10.94	1200
5	MAMAGASE,Thado, 802, / /	TUT	11.19	1200
6	SEAN,Mhura, 459, / /	PBHS	11.27	1200
0	TANDT,Keanu, 852, / /	WC	DNS	0

Item 144 10:20 Heat 2 of 4 Men U20 100m**+2.6**

1	POTGIETER,Eckhardt, 45,	AHS	10.22	1200
2	DAMBILE,Sinesipho, 646, / /	TUKS	10.34	1200
3	MOHAMED,Mikaail, 704, / /	TUKS	10.63	1200

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4	WYLBATCH,Wendell, 164, / /	HCEN	10.86	1200
5	KING,Matthew, 129, / /	ELD	11.52	1200
0	HLOHLOLO,Thabang, 665, / /	TUKS	DNS	0

Item 144 10:20 Heat 3 of 4 Men U20 100m
+1.2

1	JOHNSON,Elviano, 668, / /	TUKS	10.28	1200
2	MASWANGANYI,Phatitshedzo, 688, /	TUKS	10.50	1200
3	GRAY,Samuel, 661, 2002/02/11	TUKS	10.64	1200
4	MAGANO,Tiisetso, 260, / /	IAC	11.01	1200
5	NEL,Joshua, 41,	AHS	11.23	1200
0	JAMISON,Conrad, 453, / /	PBHS	DNS	0

Item 144 10:20 Heat 4 of 4 Men U20 100m
+2.2

1	SAPALO,Gino, 458, / /	PBHS	11.05	1200
2	LOMBAARD,Christian, 38,	AHS	11.22	1200
3	TWALA,Lungelo, 359,	MOOT	11.35	1200
4	MATTHEWS,Connor, 692, / /	TUKS	11.47	1200
0	MOLEFE,Rivaldo, 707, / /	TUKS	DNS	0
0	AZOLA,Tembani, 629, / /	TUKS	DNS	0

Item 177 13:45 Semi Final 1 of 2 Men U20 100m
+0.8

1	MASWANGANYI,Phatitshedzo, 688, /	TUKS	10.06	1200
2	POTGIETER,Eckhardt, 45,	AHS	10.29	1200
3	VENTER,Jaco, 768, / /	TUKS	10.65	1200
4	MOHAMED,Mikaail, 704, / /	TUKS	10.72	1200
5	THANTSA,Katlego Neo, 754, / /	TUKS	10.80	1200
6	MAGANO,Tiisetso, 260, / /	IAC	11.00	1200
7	LOMBAARD,Christian, 38,	AHS	11.33	1200
0	WYLBATCH,Wendell, 164, / /	HCEN	DNF	0

Item 177 13:45 Semi Final 2 of 2 Men U20 100m
-0.9

1	DAMBILE,Sinesipho, 646, / /	TUKS	10.36	1200
2	JOHNSON,Elviano, 668, / /	TUKS	10.39	1200
3	GRAY,Samuel, 661, 2002/02/11	TUKS	10.82	1200
4	VAN WYK,Eddie, 120, / /	ECA	10.86	1200
5	NGCOBO,Simphiwe Steven, 717, / /	TUKS	11.08	1200
6	SAPALO,Gino, 458, / /	PBHS	11.12	1200
7	MAMAGASE,Thado, 802, / /	TUT	11.17	1200
8	TWALA,Lungelo, 359,	MOOT	11.52	1200

Item 212 16:00 Final Women Senior 100m
+1.2

1	MAMATU,Tebogo, 544, / /	TUKS	11.42	8	1110	G
2	VAN DER MERWE,Antoinette (19), 606,	TUKS	11.49	7	1095	S
3	NEL,Valeska, 845, / /	VC	12.00	6	992	B
4	MOLOI,Reabetswe, 283, / /	MAS	12.04	5	984	
5	MURRAY,Toinette, 63, / /	BOX	12.21	4	950	
6	KUBHEKA,Phindile, 282, / /	MAS	12.34	3	925	
7	SEKESE,Mpontsheng, 789, / /	TUT	12.48	2	899	
8	ROBERTSON,Nikita, 576, / /	TUKS	12.62	1	872	

Item 150 10:50 Heat 1 of 3 Women Senior 100m
+0.1

1	MAMATU,Tebogo, 544, / /	TUKS	11.58	1077
2	NEL,Valeska, 845, / /	VC	12.06	980
3	KUBHEKA,Phindile, 282, / /	MAS	12.43	908
4	ENGELEITER,Jane, 463, / /	PGA	12.73	852
0	SEOE,Bophelo, 584, / /	TUKS	DNS	0
0	DU TOIT,Danielle, 519, / /	TUKS	DNS	0

Item 150 10:50 Heat 2 of 3 Women Senior 100m
+0.2

1	MOLOI,Reabetswe, 283, / /	MAS	12.02	988
2	ROBERTSON,Nikita, 576, / /	TUKS	12.73	852
3	MASHAU,Lushaka, 783, / /	TUT	13.16	775
4	KHUMALO,Phumelele, 535, / /	TUKS	13.50	716
5	JAMES T37,Sheryl, 262, / /	IASC	13.78	670



0 WILLIAMSON,Cassidy, 621, / / TUKS DNS 0

Item 150 10:50 Heat 3 of 3 Women Senior 100m

-0.2

1 VAN DER MERWE,Antoinette (19), 606, TUKS 11.65 1062
 2 MURRAY,Toinette, 63, / / BOX 12.17 958
 3 SEKESE,Mpontsheng, 789, / / TUT 12.47 900
 4 OKKERS,Leing, 376, / / OMAC 13.24 761
 0 TSHEMESE,Boipelo, 600, / / TUKS DNS 0
 0 MOSIME,Caroline, 552, / / TUKS DNS 0

Item 13 12:30 Final Men Senior 100m Decathlon

+0.1

1 PRETORIUS,Friedrich, 729, / / TUKS 11.01 858
 2 HERN,Edmond, 375, / / NWU 11.80 691

Item 208 15:40 Final Men Senior 100m

+1.3

1 SIMBINE,Akani, 745, / / TUKS 10.01 8 1200 G
 2 BRUINTJIES,Henricho, 641, / / TUKS 10.08 7 1179 S
 3 MAGAKWE,Simon, 682, / / TUKS 10.31 6 1102 B
 4 LEOTLELA,Gift, 675, / / TUKS 10.33 5 1095
 5 MONARENG,Thembo, 709, / / TUKS 10.36 4 1085
 6 FERNS,Nicholas, 655, / / TUKS 10.49 2.5 1043
 6 WICKENS,Gerrit, 775, / / TUKS 10.49 2.5 1043
 8 SABELA,Samkelo, 298, / / MAS 10.58 1 1015

Item 139 10:10 Heat 1 of 7 Men Senior 100m

+2.5

1 MAGAKWE,Simon, 682, / / TUKS 10.17 1148
 2 NOBLE,Ethan, 723, / / TUKS 10.59 1011
 3 MICHAU,Keenan, 698, / / TUKS 10.65 993

Item 139 10:10 Heat 2 of 7 Men Senior 100m

+0.9

1 BRUINTJIES,Henricho, 641, / / TUKS 10.25 1122
 2 MUNYAI,Clarence, 714, / / TUKS 10.35 1089
 3 SEPOTOKELE,Letlhogonolo, 833, / / TUT 10.58 1015
 4 RASAKA,Khotsho, 77, / / BOX 10.59 1011

Item 139 10:10 Heat 3 of 7 Men Senior 100m

+1.7

1 SIMBINE,Akani, 745, / / TUKS 09.91 1200
 2 MOTALA,Shaahid, 711, / / TUKS 10.54 1027
 3 NYATHI,Siyabonga Ndlovu, 75, / / BOX 10.92 910
 4 ALFONSO,Brandon, 626, / / TUKS 11.22 822
 5 PETERSON,Kurtley, 828, / / TUT 11.32 794
 6 BAKKES,Nico, 630, / / TUKS 11.40 772
 7 SHIVAMBU,Rendani, 836, / / TUT 12.64 468

Item 139 10:10 Heat 4 of 7 Men Senior 100m

+2.6

1 LEOTLELA,Gift, 675, / / TUKS 10.31 1102
 2 NIKUZE,Thomas, 720, / / TUKS 10.94 904
 3 MAHOLELA,Thapelo Daniel, 289, / / MAS 11.02 880
 4 MAHLALELA,Dumisani, 683, / / TUKS 11.46 755

Item 139 10:10 Heat 5 of 7 Men Senior 100m

+1.4

1 ROTO,Thando, 734, / / TUKS 10.73 968
 2 MOSIME,Tiisetso, 816, / / TUT 10.88 922
 3 STRUWIG,Wp, 751, / / TUKS 10.91 913
 4 SESANA ,Boitumelo, 301, / / MAS 11.23 820
 5 ABRAHAMS,Sylvester, 278, / / MAC 11.44 761

Item 139 10:10 Heat 6 of 7 Men Senior 100m

+2.9

1 WICKENS,Gerrit, 775, / / TUKS 10.29 1108
 2 MONARENG,Thembo, 709, / / TUKS 10.40 1072
 3 MASEKO,Lehlogonolo, 290, / / MAS 10.69 980
 4 MOSOATLHE,Sakhile, 280, / / MAC 10.82 940
 5 MHLOMI,Siyabonga, 810, / / TUT 11.49 747
 6 SCHULTS ,Christiaan, 843, / / UJ 12.42 516

Item 139 10:10 Heat 7 of 7 Men Senior 100m

+3.1

1 FERNS,Nicholas, 655, / / TUKS 10.34 1092

Meeting :2020/03/13 to 2020/03/14: AGN SUB-YOUTH, YOUTH, JUNIOR, MASTERS & SEN (1) at BESTMED TUKS


2	FREITAS,Michael Alves, 657, / /	TUKS	10.45	1056
3	SABELA,Samkelo, 298, / /	MAS	10.46	1053
4	MWIMBA,Oliver, 820, / /	TUT	10.73	968
5	VAN DER WALT,Brandon, 360, / /	MOOT	11.08	863

Item 176 13:40 Semi Final 1 of 3 Men Senior 100m
-1.8

1	SIMBINE,Akani, 745, / /	TUKS	10.03	1196
2	WICKENS,Gerrit, 775, / /	TUKS	10.48	1047
3	RASAKA,Khotsho, 77, / /	BOX	10.56	1021
4	SEPOTOKELE,Letlhogonolo, 833, / /	TUT	10.61	1005
5	ROTO,Thando, 734, / /	TUKS	10.66	990
6	MOTALA,Shaahid, 711, / /	TUKS	10.79	949
7	STRUWIG,Wp, 751, / /	TUKS	11.15	842
0	NYATHI,Siyabonga Ndlovu, 75, / /	BOX	DNF	0

Item 176 13:40 Semi Final 2 of 3 Men Senior 100m
-2.5

1	MAGAKWE,Simon, 682, / /	TUKS	10.34	1092
2	LEOTLELA,Gift, 675, / /	TUKS	10.38	1079
3	SABELA,Samkelo, 298, / /	MAS	10.49	1043
4	NOBLE,Ethan, 723, / /	TUKS	10.74	965
5	MWIMBA,Oliver, 820, / /	TUT	10.82	940
6	MOSIME,Tiisetso, 816, / /	TUT	11.03	877
7	NIKUZE,Thomas, 720, / /	TUKS	11.21	825
0	MUNYAI,Clarence, 714, / /	TUKS	DNS	0

Item 176 13:40 Semi Final 3 of 3 Men Senior 100m
-0.9

1	BRUINTJIES,Henricho, 641, / /	TUKS	10.08	1179
2	MONARENG,Thembo, 709, / /	TUKS	10.31	1102
3	FERNS,Nicholas, 655, / /	TUKS	10.52	1034
4	MICHAU,Keenan, 698, / /	TUKS	10.53	1031
5	FREITAS,Michael Alves, 657, / /	TUKS	10.62	1002
6	MOSOATLHE,Sakhile, 280, / /	MAC	10.93	907
7	MAHOLELA,Thapelo Daniel, 289, / /	MAS	11.26	811
0	MASEKO,Lehlogonolo, 290, / /	MAS	DNS	0

Item 94 19:55 Final Girls U16 200m
-0.9

1	JINGQI,Viwe, 534, / /	TUKS	24.44	8	1200	G
2	PRECIOUS,Molepo, 405, / /	PC	24.79	7	1200	S
3	SCHEEPERS,Colene, 99, / /	ECA	25.25	6	1200	B
4	WILLIAMS,Ashley, 310, / /	MIDS	25.63	5	1200	
5	COETZEE,Timeke-jade, 8, / /	AHMP	25.67	4	1200	
6	MATSHITSE,Reabaka, 547, / /	TUKS	26.11	3	1200	
7	VAN DEN BERG,Minieke, 188, / /	HMPK	26.19	2	1200	
8	MAPAPANYANE,Orefemetse	TUKS	26.51	1	1200	

Item 39 15:00 Heat 1 of 3 Girls U16 200m
+0.4

1	SCHEEPERS,Colene, 99, / /	ECA	25.22	1200
2	MAPAPANYANE,Orefemetse	TUKS	26.38	1200
3	NGHALA,Ndzalama Deborah, 561, / /	TUKS	26.71	1200
4	STRUWEG,Christine, 378, / /	OMAC	26.81	1200
5	DE KLERK,Anika, 179, / /	HMPK	27.03	1200
6	BONGA,Grace, 512, / /	TUKS	27.42	1200

Item 39 15:00 Heat 2 of 3 Girls U16 200m
+0.7

1	JINGQI,Viwe, 534, / /	TUKS	24.32	1200
2	WILLIAMS,Ashley, 310, / /	MIDS	25.56	1200
3	VAN DEN BERG,Minieke, 188, / /	HMPK	26.02	1200
4	MOFOKENG,Marang, 352, / /	MOOT	26.92	1200
5	SEMONYO,Tihlohelo, 583, / /	TUKS	27.82	1200
6	PRINCESS,Ntuli, 406, / /	PC	27.98	1200

Item 39 15:00 Heat 3 of 3 Girls U16 200m
+0.8

1	PRECIOUS,Molepo, 405, / /	PC	24.45	1200
2	COETZEE,Timeke-jade, 8, / /	AHMP	25.52	1200



3	MATSHITSE,Reabaka, 547, / /	TUKS	25.81	1200
4	SEMONO,Thato, 582, / /	TUKS	28.66	1200
0	SEGOLE,Ofentse, , / /	HAKA	DNS	0

Item 90 19:35 Final Boys U16 200m**-0.5**

1	NKOANA,Bradley Botshelo, 722, / /	TUKS	21.91	8	1200	G
2	DENZEL,Ndlovu, 418, / /	PC	22.33	7	1200	S
3	TYANTINI,Tshepo Jason, 756, / /	TUKS	22.58	6	1200	B
4	AVIWE,Mqokolo, 415, / /	PC	23.05	5	1200	
5	SHABANGU,Bokamoso Shadrack, 743,	TUKS	23.10	4	1200	
6	MOKETLA,Magoro, 435, / /	PC	24.34	3	1200	
0	MAKAMA,Kgotso, , / /	HAKA	Disq	0	0	

Item 35 14:20 Heat 1 of 3 Boys U16 200m**-0.7**

1	NKOANA,Bradley Botshelo, 722, / /	TUKS	22.26	1200
2	TYANTINI,Tshepo Jason, 756, / /	TUKS	22.57	1200
3	AVIWE,Mqokolo, 415, / /	PC	22.99	1200
4	MOGASWE,Keabetswe, 841, / /	UIT	23.27	1200
5	MABOTE T63,Puseletso, 266, / /	IASC	27.17	1200
0	MERE,Tlotlo, 809, / /	TUT	DNS	0

Item 35 14:20 Heat 2 of 3 Boys U16 200m**-0.7**

1	SHABANGU,Bokamoso Shadrack, 743,	TUKS	23.47	1200
2	MOKETLA,Magoro, 435, / /	PC	23.59	1200
3	GROSSKOPF,Rolandt, 195, / /	HMPK	23.65	1200
4	BAKWENA,Leatile, 631, / /	TUKS	24.73	1200
5	CONNOWAY,Breyten, 220,	HWTk	24.93	1200
0	LOBE,Kenneth, 357, / /	MOOT	DNS	0

Item 35 14:20 Heat 3 of 3 Boys U16 200m**-0.2**

1	DENZEL,Ndlovu, 418, / /	PC	22.45	1200
2	REDDY,Laban, 732, / /	TUKS	23.01	1200
3	MAHLANGU,Endurance, 319, / /	MIDS	23.12	1200
4	BODLANI,Kamogelo, 355, / /	MOOT	27.00	1200
0	MAKAMA,Kgotso, , / /	HAKA	Disq	0
0	COETZER,Ruben, 245, / /	HZWK	DNS	0

Item 95 20:00 Final Women U18 200m Heptathlon**-1.2**

1	JANSSEN,Danika, 846, / /	WILL	29.13	545
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Item 93 19:50 Final Women U18 200m**-0.9**

1	COMPAAN,Mila, 96, / /	ECA	24.57	8	1200	G
2	NOSIPHO,Malinga, 401, / /	PC	24.91	7	1200	S
3	MABUZA,Andile Angel, 539, / /	TUKS	25.21	6	1200	B
4	WANITA,Lefifi, 411, / /	PC	25.48	5	1200	
5	THORNBURN,Robinn, 102, / /	ECA	25.63	4	1200	
6	RIEKERT,Delaney, 185, / /	HMPK	25.77	3	1200	
7	NOTHNAGEL,Linamarie, 307, / /	MIDS	25.96	2	1200	
8	AKONYI,Ngongo, 390, / /	PC	25.99	1	1200	

Item 38 14:50 Heat 1 of 3 Women U18 200m**+1.7**

1	MABUZA,Andile Angel, 539, / /	TUKS	24.72	1200
2	WANITA,Lefifi, 411, / /	PC	25.28	1200
3	RIEKERT,Delaney, 185, / /	HMPK	25.69	1200
4	HOPE ,Kelly, 270, / /	JS	26.96	1200
0	DUBE,Simamkele, 521, / /	TUKS	DNS	0
0	FISHER,Kaylee Taryn, 524, / /	TUKS	DNS	0

Item 38 14:50 Heat 2 of 3 Women U18 200m**+1.4**

1	NOSIPHO,Malinga, 401, / /	PC	24.99	1200
2	THORNBURN,Robinn, 102, / /	ECA	25.07	1200
3	RAMOKHUBATHI,Rudzani, 574, / /	TUKS	26.70	1200
4	SKHOSANA,Busiswa Reagile, 588, /	TUKS	27.89	1200
5	SMITH,Luandi, 377, / /	OMAC	28.09	1200
0	KYLA,Vlok, 305, / /	MIDS	DNS	0

Item 38 14:50 Heat 3 of 3 Women U18 200m**+1.8**



1	COMPAAN,Mila, 96, / /	ECA	25.28	1200
2	AKONYI,Ngongo, 390, / /	PC	25.59	1200
3	NOTHNAGEL,Linamarie, 307, / /	MIDS	25.88	1200
4	RAMAFOKO,Mpho Precious, 573, / /	TUKS	27.36	1200
0	LACY,Cassidy, 214,	HWTK	DNS	0
0	TSHIKOTA,Tsholofelo, 601, / /	TUKS	DNF	0

Item 89 19:30 Final Men U18 200m**-0.6**

1	RICHARDSON,Benjamin Anadi, 733, /	TUKS	21.01	8	1200	G
2	MABUNDA,Mbhoni Rifuwo, 679, / /	TUKS	21.37	7	1200	S
3	XOTYENI,Mihlali Mohau, 777, / /	TUKS	21.71	6	1200	B
4	SMITH,Dwayne, 117, / /	ECA	21.81	5	1200	
5	LERATO,Matjila, 431, / /	PC	22.16	4	1200	
6	MCOSANA,Sibusiso, 696, / /	TUKS	22.55	3	1200	
7	MAXAMBELA,Ntsika, 693, / /	TUKS	22.62	2	1200	
8	BREEDT,Victor, 219,	HWTK	22.81	1	1200	

Item 34 14:10 Heat 1 of 3 Men U18 200m**-0.7**

1	XOTYENI,Mihlali Mohau, 777, / /	TUKS	22.20	1200
2	LERATO,Matjila, 431, / /	PC	22.45	1200
3	MCOSANA,Sibusiso, 696, / /	TUKS	22.70	1200
4	SELOANE,Katlego, 851,	WC	22.98	1200
5	RADLOFF,Alexander, 457, / /	PBHS	23.79	1200
6	MBELE,Steve, 279, / /	MAC	25.89	1200
0	GELDENHUYS,Christopher, 337, / /	MONT	DNS	0

Item 34 14:10 Heat 2 of 3 Men U18 200m**+0.1**

1	MABUNDA,Mbhoni Rifuwo, 679, / /	TUKS	21.61	1200
2	SMITH,Dwayne, 117, / /	ECA	21.88	1200
3	MASHABELA,Karabo, 501, / /	SUN	22.96	1200
4	MATLALA,Thato, 690, / /	TUKS	23.41	1200
5	WILLMOT,Warren, 384, / /	OAC	24.56	1200
0	NEL,Armandt, 173, / /	HGF	DNS	0
0	TSHIFURA,Mukhethwa, 755, / /	TUKS	DNS	0

Item 34 14:10 Heat 3 of 3 Men U18 200m**+0.6**

1	RICHARDSON,Benjamin Anadi, 733, /	TUKS	21.60	1200
2	MAXAMBELA,Ntsika, 693, / /	TUKS	22.36	1200
3	BREEDT,Victor, 219,	HWTK	22.65	1200
4	BADENHORST,Andreas, 156, / /	HCEN	24.45	1200
5	NEL,Heinrich, 132, / /	ELD	24.76	1200
0	SIMELANE,Ndumiso, 746, / /	TUKS	DNS	0

Item 95 20:00 Final Women U20 200m Heptathlon**-1.2**

1	THERON,Liezl (1), 598, / /	TUKS	26.53	751
2	ZEANNE,Kruger, 373, / /	NWU	28.50	592

Item 92 19:45 Final Women U20 200m**-0.8**

1	BANELE,Shabangu, 391, / /	PC	24.53	8	1200	G
2	BOMPAS,Jessica, 511, / /	TUKS	24.73	7	1200	S
3	VAN WYK,Odette, 207, 2002/08/22	HOVK	24.96	6	1200	B
4	BLIGNAUT,Janie, 177, / /	HMPK	25.07	5	1200	
5	SMITH,Elddene, 277, / /	MAC	26.73	4	1200	

Item 37 14:40 Heat 1 of 2 Women U20 200m**+0.7**

1	BANELE,Shabangu, 391, / /	PC	24.50	1200
2	VAN WYK,Odette, 207, 2002/08/22	HOVK	24.88	1200
3	BLIGNAUT,Janie, 177, / /	HMPK	25.13	1200
4	VOSLOO,Leonette, 619, / /	TUKS	26.70	1200
5	HANENKOM,Natalie, 529, / /	TUKS	46.50	1200
0	VELDTMAN,Mathabo, 791, / /	TUT	DNS	0

Item 37 14:40 Heat 2 of 2 Women U20 200m**+2.0**

1	BOMPAS,Jessica, 511, / /	TUKS	24.92	1200
2	SMITH,Elddene, 277, / /	MAC	25.85	1200

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3	ZIETSMAN,Erin, 849, / /	WC	26.04	1200
0	DIKIO,Grace, 281, / /	MAS	DNS	0
0	MURRAY,Toinette, 63, / /	BOX	DNS	0

Item 88 19:25 Final Men U20 200m

1	DAMBILE,Sinesipho, 646, / /	TUKS	20.47	8	1200	G
2	POTGIETER,Eckhardt, 45,	AHS	20.53	7	1200	S
3	MASWANGANYI,Phatitshedzo, 688, /	TUKS	20.61	6	1200	B
4	JOHNSON,Elviano, 668, / /	TUKS	21.00	5	1200	
5	VON STADE,Zander, 773, / /	TUKS	21.06	4	1200	
6	GRAY,Samuel, 661, 2002/02/11	TUKS	21.72	3	1200	
7	FAURIE,Jonathan, 336, / /	MONT	22.20	2	1200	
8	REHLAMFU,Musa, 297, / /	MAS	22.48	1	1200	

Item 27 14:00 Heat 1 of 3 Men U20 200m
+1.3

1	GRAY,Samuel, 661, 2002/02/11	TUKS	21.94	1200
2	FAURIE,Jonathan, 336, / /	MONT	22.32	1200
3	REHLAMFU,Musa, 297, / /	MAS	22.33	1200
4	NEL,Joshua, 41,	AHS	22.41	1200
5	KIDSON,Reynard, 128, / /	ELD	23.36	1200
6	NEL,Marthinus, 850, / /	WC	23.63	1200
7	MATTHEWS,Connor, 692, / /	TUKS	23.65	1200

Item 27 14:00 Heat 2 of 3 Men U20 200m
+0.3

1	POTGIETER,Eckhardt, 45,	AHS	20.58	1200
2	JOHNSON,Elviano, 668, / /	TUKS	21.05	1200
3	VAN WYK,Eddie, 120, / /	ECA	22.41	1200
4	NGCOBO,Simphele Steven, 717, / /	TUKS	22.70	1200
5	MAGANO,Tiisetso, 260, / /	IAC	23.01	1200
0	TANDT,Keanu, 852, / /	WC	DNS	0
0	THANTSA,Katlego Neo, 754, / /	TUKS	DNS	0

Item 27 14:00 Heat 3 of 3 Men U20 200m
-0.5

1	DAMBILE,Sinesipho, 646, / /	TUKS	20.47	1200
2	MASWANGANYI,Phatitshedzo, 688, /	TUKS	20.50	1200
3	VON STADE,Zander, 773, / /	TUKS	21.28	1200
4	MAMAGASE,Thado, 802, / /	TUT	22.63	1200
5	LOMBAARD,Christian, 38,	AHS	22.70	1200
6	WYLBATCH,Wendell, 164, / /	HCEN	22.71	1200
0	MOLEFE,Rivaldo, 707, / /	TUKS	DNS	0

Item 95 20:00 Final Women Senior 200m Heptathlon
-1.2

1	VERSTER,Shannon (1), 615, / /	TUKS	26.74	734
2	GRAVETT,Anneri, 372, / /	NWU	27.30	687

Item 91 19:40 Final Women Senior 200m

1	SEMENYA,Caster, 284, / /	MAS	23.49	8	1086	G
2	NEL,Wenda, 559, / /	TUKS	24.84	7	956	S
3	NEKHUBUI,Shirley, 785, / /	TUT	24.98	6	944	B
4	NEL,Bene, 560, / /	TUKS	25.17	5	926	
5	TSHEMESE,Boipelo, 600, / /	TUKS	25.30	4	914	
6	VILJOEN,Marlie, 616, / /	TUKS	25.33	3	912	
7	MEYER,Soandri, 548, / /	TUKS	25.51	2	895	
8	MOSIME,Caroline, 552, / /	TUKS	25.53	1	894	

Item 36 14:30 Heat 1 of 3 Women Senior 200m
+0.8

1	NEL,Wenda, 559, / /	TUKS	24.55	984
2	MEYER,Soandri, 548, / /	TUKS	25.10	933
3	MOSIME,Caroline, 552, / /	TUKS	25.23	921
4	SEKESE,Mpontsheng, 789, / /	TUT	25.43	903
5	REITZ,Marjetjie, 67, / /	BOX	25.71	878

Item 36 14:30 Heat 2 of 3 Women Senior 200m
-0.3

1	SEMENYA,Caster, 284, / /	MAS	23.83	1052
2	NEKHUBUI,Shirley, 785, / /	TUT	24.95	946

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3	VILJOEN, Marlie, 616, / /	TUKS	25.31	913
4	JAMES T37, Sheryl, 262, / /	IASC	27.98	688
5	KHUMALO, Phumelele, 535, / /	TUKS	28.04	683

Item 36 14:30 Heat 3 of 3 Women Senior 200m
-1.1

1	TSHEMESE, Boipelo, 600, / /	TUKS	25.17	926
2	NEL, Bennee, 560, / /	TUKS	25.19	924
3	ROBERTSON, Nikita, 576, / /	TUKS	25.55	892
4	OLORUNTOBA, Morenike, 566, / /	TUKS	26.77	786
5	TIETZE, Maria, 464, / /	PGA	28.33	660

Item 87 19:20 Final Men Senior 200m
-0.1

1	MUNYAI, Clarence, 714, / /	TUKS	20.48	8	1146	G
2	FERNES, Nicholas, 655, / /	TUKS	20.86	7	1088	S
3	MUDIMELI, Fhatuwani, 819, / /	TUT	20.90	6	1082	B
4	SEPOTOKELE, Letlhogonolo, 833, / /	TUT	21.30	5	1024	
5	APEL, Kyle, 627, / /	TUKS	21.46	4	1001	
6	NOBLE, Ethan, 723, / /	TUKS	21.48	3	998	
7	MOSIME, Tiisetso, 816, / /	TUT	21.85	2	946	

Item 26 13:50 Heat 1 of 5 Men Senior 200m
+0.8

1	PETERSON, Kurtley, 828, / /	TUT	22.70	832
2	BAKKES, Nico, 630, / /	TUKS	22.91	805
3	ALFONSO, Brandon, 626, / /	TUKS	23.35	749
4	MAHOLELA, Thapelo Daniel, 289, / /	MAS	23.36	748
0	NDLOVU, Neo, 491,	SASA	DNS	0
0	KUALI, Duke, 339, / /	MONT	DNS	0

Item 26 13:50 Heat 2 of 5 Men Senior 200m
+0.8

1	MAKUSHA, Ngoni, 853, / /	ZAC	20.75	1105
2	FERNES, Nicholas, 655, / /	TUKS	20.88	1085
3	MUDIMELI, Fhatuwani, 819, / /	TUT	20.97	1072
4	NOBLE, Ethan, 723, / /	TUKS	21.63	977
5	MABENA, William, 288, / /	MAS	22.16	904
6	SHIVAMBU, Rendani, 836, / /	TUT	26.22	437
0	DINGISWAYO, Silusapho, 71, / /	BOX	DNS	0
0	UNGERER, Walter, 757, / /	TUKS	DNS	0

Item 26 13:50 Heat 3 of 5 Men Senior 200m
+1.6

1	MUNYAI, Clarence, 714, / /	TUKS	21.52	992
2	ADAMS, Luxolo, 623, / /	TUKS	21.55	988
3	ELS, Ruben, 652, / /	TUKS	21.82	950
4	MOSIME, Tiisetso, 816, / /	TUT	21.93	935
5	ABRAHAMS, Sylvester, 278, / /	MAC	23.32	753
6	MOODIE, Thomas, 710, / /	TUKS	23.35	749
7	MHLOMI, Siyabonga, 810, / /	TUT	23.88	685
0	SCHULTS, Christiaan, 843, / /	UJ	DNS	0

Item 26 13:50 Heat 4 of 5 Men Senior 200m
+1.6

1	APEL, Kyle, 627, / /	TUKS	21.34	1018
2	MOSOATLHE, Sakhile, 280, / /	MAC	21.94	934
3	MOTLATLA, Lesego, 818, / /	TUT	22.22	895
4	NIKUZE, Thomas, 720, / /	TUKS	22.45	865
5	VAN DER WALT, Marco, 761, / /	TUKS	22.76	824
6	SITELELE, Rollan, 838, / /	TUT	23.63	715
0	MUWISHI, Gerren, 370, / /	MWC	DNS	0

Item 26 13:50 Heat 5 of 5 Men Senior 200m
+0.8

1	SEPOTOKELE, Letlhogonolo, 833, / /	TUT	21.67	971
2	VAN DER WALT, Brandon, 360, / /	MOOT	21.96	931
3	NKOSI, Bongumusa, 294, / /	MAS	22.54	853
4	MAHLALELA, Dumisani, 683, / /	TUKS	23.23	764
0	ADESOLA, Diaoluwa, 624, / /	TUKS	DNS	0

Item 52 15:40 Semi Final 1 of 3 Men Senior 200m
-0.2

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1	SEPOTOKELE, Letlhogonolo, 833, / /	TUT	20.96	1073
2	NOBLE, Ethan, 723, / /	TUKS	21.24	1033
3	NKOSI, Bongumusa, 294, / /	MAS	22.52	855
4	NIKUZE, Thomas, 720, / /	TUKS	22.53	854
5	MOODIE, Thomas, 710, / /	TUKS	23.32	753
0	MABENA, William, 288, / /	MAS	DNS	0
0	ELS, Ruben, 652, / /	TUKS	DNS	0

Item 52 15:40 Semi Final 2 of 3 Men Senior 200m
+0.1

1	ADAMS, Luxolo, 623, / /	TUKS	20.64	1121
2	APEL, Kyle, 627, / /	TUKS	21.33	1020
3	MOSIME, Tiisetso, 816, / /	TUT	21.60	981
4	MOTLATLA, Lesego, 818, / /	TUT	21.76	959
5	PETERSON, Kurtley, 828, / /	TUT	22.82	816
6	BAKKES, Nico, 630, / /	TUKS	23.11	779
7	ABRAHAMS, Sylvester, 278, / /	MAC	23.32	753
8	MAHOLELA, Thapelo Daniel, 289, / /	MAS	23.68	709

Item 52 15:40 Semi Final 3 of 3 Men Senior 200m
+0.7

1	MUNYAI, Clarence, 714, / /	TUKS	20.23	1184
2	FERNS, Nicholas, 655, / /	TUKS	20.73	1108
3	MUDIMELI, Fhatuwani, 819, / /	TUT	20.78	1100
4	VAN DER WALT, Brandon, 360, / /	MOOT	21.99	927
5	MOSOATLHE, Sakhile, 280, / /	MAC	22.11	910
6	VAN DER WALT, Marco, 761, / /	TUKS	22.75	825
7	MAHLALELA, Dumisani, 683, / /	TUKS	23.40	743
8	ALFONSO, Brandon, 626, / /	TUKS	23.55	725

Item 202 14:50 Final Girls U16 400m

1	PRECIOUS, Molepo, 405, / /	PC	0:53.59	8	1200	G
2	JINGQI, Viwe, 534, / /	TUKS	0:55.82	7	1200	S
3	SCHEEPERS, Colene, 99, / /	ECA	0:56.39	6	1200	B
4	NIENABER, Petrie, 126, / /	ELD	0:59.32	5	1200	
5	BODLANI, Aithaopa, 347, / /	MOOT	1:02.98	4	1200	
0	MAKALLANE, Lebo, 541, / /	TUKS	DNS	0	0	

Item 127 08:45 Heat 1 of 2 Girls U16 400m

1	SCHEEPERS, Colene, 99, / /	ECA	1:00.00	1200
1	PRECIOUS, Molepo, 405, / /	PC	1:00.00	1200

Item 127 08:45 Heat 2 of 2 Girls U16 400m

1	NIENABER, Petrie, 126, / /	ELD	1:00.00	1200
1	BODLANI, Aithaopa, 347, / /	MOOT	1:00.00	1200
1	MAKALLANE, Lebo, 541, / /	TUKS	1:00.00	1200
1	JINGQI, Viwe, 534, / /	TUKS	1:00.00	1200

Item 193 14:30 Final Boys U16 400m

1	HILTON, Thomas, 316, / /	MIDS	0:49.87	8	1200	G
2	THALUKI, Legodi, 448, / /	PC	0:50.77	7	1200	S
3	SMITH, Alexander, 135, 2005/10/14	ELD	0:53.11	6	1200	B
4	SIBONGOKONKE, Nhlapo, 443, / /	PC	0:55.64	5	1200	

Item 124 08:30 Heat 1 of 2 Boys U16 400m

1	HILTON, Thomas, 316, / /	MIDS	1:00.00	1200
1	SMITH, Alexander, 135, 2005/10/14	ELD	1:00.00	1200
1	THALUKI, Legodi, 448, / /	PC	1:00.00	1200

Item 124 08:30 Heat 2 of 2 Boys U16 400m

1	SIBONGOKONKE, Nhlapo, 443, / /	PC	1:00.00	1200
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Item 201 14:45 Final Women U18 400m

1	THORNBURN, Robinn, 102, / /	ECA	0:55.46	8	1200	G
2	BOOYSEN, Mienke, 6, / /	AHMP	0:56.44	7	1200	S
3	AKONYI, Ngongo, 390, / /	PC	0:56.80	6	1200	B
4	RIEKERT, Delaney, 185, / /	HMPK	0:57.22	5	1200	
5	BRAZER, Amore, , / /	HAKA	0:57.84	4	1200	

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6	REABETSWE,Mokolane, 407, / /	PC	0:58.55	3	1200
7	NANDIPHA,Thwala, 399, / /	PC	0:59.41	2	1200
0	BOTHA,Cyla, 166, / /	HGF	DNS	0	0

Item 126 08:40 Heat 1 of 2 Women U18 400m

1	THORNBURN,Robinn, 102, / /	ECA	0:57.58		1200
2	AKONYI,Ngongo, 390, / /	PC	0:57.67		1200
3	BRAZER,Amore, , / /	HAKA	0:58.52		1200
4	BOTHA,Cyla, 166, / /	HGF	0:58.70		1200
5	SHONGWE,Wendy, 587, / /	TUKS	1:03.40		1200
6	VILJOEN,Danell, 154, / /	HCEN	1:05.87		1200

Item 126 08:40 Heat 2 of 2 Women U18 400m

1	BOOYSEN,Mienke, 6, / /	AHMP	0:57.70		1200
2	RIEKERT,Delaney, 185, / /	HMPK	0:57.93		1200
3	REABETSWE,Mokolane, 407, / /	PC	0:59.28		1200
4	NANDIPHA,Thwala, 399, / /	PC	1:00.19		1200
5	DUBE,Simamkele, 521, / /	TUKS	1:00.77		1200
6	KRUGER,Izelle, 363, / /	MUR	1:01.72		1200
7	TSHIKOTA,Tsholofelo, 601, / /	TUKS	1:09.07		1200

Item 192 14:25 Final Men U18 400m

1	MADONSELA,Karabo Try, 681, / /	TUKS	0:47.68	8	1200	G
2	LOOTS,Marcel, 39, / /	AHS	0:49.57	7	1200	S
3	OOSTHUIZEN,Ruan, 201, / /	HMPK	0:49.78	6	1200	B
4	MATLALA,Thato, 690, / /	TUKS	0:51.55	5	1200	
5	TSHEPO,Rasiile, 449, / /	PC	0:51.87	4	1200	
6	NEL,Heinrich, 132, / /	ELD	0:53.96	3	1200	
0	MAKAMA,KIGOTSO, 145, / /	HAKA	DNS	0	0	
0	DIVAN,Vlok, 248, / /	HZWK	DNS	0	0	

Item 96 20:05 Final Men U18 400m Decathlon

1	BRONKHORST,Ruan, 640, / /	TUKS	0:52.77		691
2	VOGEL,Phillip Lodewyk, 771, / /	TUKS	0:59.56		428

Item 123 08:20 Heat 1 of 2 Men U18 400m

1	DIVAN,Vlok, 248, / /	HZWK	0:51.32		1200
2	MATLALA,Thato, 690, / /	TUKS	0:51.55		1200
3	OOSTHUIZEN,Ruan, 201, / /	HMPK	0:51.70		1200
4	NEL,Heinrich, 132, / /	ELD	0:51.94		1200
5	TSHEPO,Rasiile, 449, / /	PC	0:52.14		1200
0	GELDENHUYIS,Christopher, 337, / /	MONT	DNS		0
0	MASEKO,Luju, 146,	HAKA	DNS		0
0	SEGOLE,OFENTSE, 142, / /	HAKA	DNS		0

Item 123 08:20 Heat 2 of 2 Men U18 400m

1	MADONSELA,Karabo Try, 681, / /	TUKS	0:49.40		1200
2	LOOTS,Marcel, 39, / /	AHS	0:50.16		1200
3	MAKAMA,KIGOTSO, 145, / /	HAKA	0:52.07		1200
4	MEYER,Sean, 131, / /	ELD	0:53.18		1200
5	PATHER,Liam, 504, / /	SUN	0:55.09		1200
0	ATLEGANG,Netile, 414, / /	PC	DNS		0
0	MAXAMBELA,Ntsika, 693, / /	TUKS	DNS		0

Item 200 14:40 Final Women U20 400m

1	STRIJDOM,Angelique, 23, / /	AHMP	0:55.48	8	1200	G
2	BURGESS,Suzie, 514, / /	TUKS	0:56.67	7	1200	S
3	SWART,Charné, 187, / /	HMPK	0:57.01	6	1200	B
4	VELDTMAN,Mathabo, 791, / /	TUT	0:57.85	5	1200	
5	VAN DER MERWE,Jana, 605, / /	TUKS	0:57.96	4	1200	
6	VISSER,Michelle, 167, / /	HGF	0:59.61	3	1200	
7	SEBATHA,Ayanda, 788, / /	TUT	1:05.01	2	1200	
8	MURAT,Michaela, 557, / /	TUKS	1:11.23	1	1200	

Item 125 08:35 Heat 1 of 2 Women U20 400m

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1	STRIJDOM,Angelique, 23, / /	AHMP	1:00.00	1200
1	VISSER,Michelle, 167, / /	HGF	1:00.00	1200
1	VELDTMAN,Mathabo, 791, / /	TUT	1:00.00	1200
1	BURGESS,Suzie, 514, / /	TUKS	1:00.00	1200
1	MURAT,Michaela, 557, / /	TUKS	1:00.00	1200

Item 125 08:35 Heat 2 of 2 Women U20 400m

1	SWART,Charné, 187, / /	HMPK	1:00.00	1200
1	SEBATHA,Ayanda, 788, / /	TUT	1:00.00	1200
1	VAN DER MERWE,Jana, 605, / /	TUKS	1:00.00	1200

Item 191 14:20 Final Men U20 400m

1	NORTJE,Antonie, 724, / /	TUKS	0:46.56	8	1200	G
2	ERASMUS,Andre, 35,	AHS	0:47.82	7	1200	S
3	NKHAHLE,Rappie, 721, / /	TUKS	0:48.00	6	1200	B
4	REHLAMFU,Musa, 297, / /	MAS	0:49.86	5	1200	
5	AMOS,Khoza, 412, / /	PC	0:50.63	4	1200	
6	MCMASTER,Dylan, 137, / /	FPN	0:52.09	3	1200	
0	GELDENHUYS,Ivan Danny, 660, / /	TUKS	Disq	0	0	
0	SMIT,Ivan, 748, / /	TUKS	DNS	0	0	

Item 119 08:10 Heat 1 of 2 Men U20 400m

1	GELDENHUYS,Ivan Danny, 660, / /	TUKS	0:47.23	1200
2	NKHAHLE,Rappie, 721, / /	TUKS	0:49.08	1200
3	SMIT,Ivan, 748, / /	TUKS	0:50.41	1200
4	AMOS,Khoza, 412, / /	PC	0:50.56	1200
5	MCMASTER,Dylan, 137, / /	FPN	0:52.14	1200
6	NHLAPHO,Sbusiso, 718, / /	TUKS	0:52.77	1200
7	HEITBRINK,Luan, 196, / /	HMPK	0:54.40	1200
8	NEL,Marthinus, 850, / /	WC	0:55.34	1200

Item 119 08:10 Heat 2 of 2 Men U20 400m

1	NORTJE,Antonie, 724, / /	TUKS	0:46.88	1200
2	ERASMUS,Andre, 35,	AHS	0:49.30	1200
3	REHLAMFU,Musa, 297, / /	MAS	0:49.71	1200
4	KIDSON,Reynard, 128, / /	ELD	0:52.43	1200
5	GAULD,Nathan, 452, / /	PBHS	0:52.92	1200

Item 199 14:35 Final Women Senior 400m

1	BIELDT,Taylon, 510, / /	TUKS	0:52.85	8	1094	G
2	GRIESEL,Jeanelle , 528, / /	TUKS	0:53.55	7	1067	S
3	NEL,Wenda, 559, / /	TUKS	0:53.94	6	1052	B
4	VILJOEN,Marlie, 616, / /	TUKS	0:55.62	5	990	
5	KHOZA,Nondumiso, 59, / /	BOX	0:55.86	4	981	
6	MEYER,Soandri, 548, / /	TUKS	0:56.25	3	967	
7	REITZ,Marietjie, 67, / /	BOX	0:56.70	2	951	
8	NEKHUBUI,Shirley, 785, / /	TUT	0:58.53	1	887	

Item 125 08:33 Heat 1 of 2 Women Senior 400m

1	GRIESEL,Jeanelle , 528, / /	TUKS	0:55.84	982
2	VILJOEN,Marlie, 616, / /	TUKS	0:56.85	946
3	REITZ,Marietjie, 67, / /	BOX	0:57.26	931
4	VAN BERS,Cindy, 604, / /	TUKS	0:57.79	913
5	JAMES T37,Sheryl, 262, / /	IASC	1:04.65	688
6	GOUWS,Liezel, 483,	SASA	1:09.20	557
0	RATTRAY,Melissa, 575, / /	TUKS	DNS	0
0	SEELIGER,Janet, 579, / /	TUKS	DNS	0

Item 125 08:33 Heat 2 of 2 Women Senior 400m

1	NEL,Wenda, 559, / /	TUKS	0:55.50	995
2	BIELDT,Taylon, 510, / /	TUKS	0:55.65	989
3	NEKHUBUI,Shirley, 785, / /	TUT	0:56.45	960
4	MEYER,Soandri, 548, / /	TUKS	0:56.68	952
5	KHOZA,Nondumiso, 59, / /	BOX	0:56.70	951



6	NEL,Benee, 560, / /	TUKS	0:57.23	932
7	VAN DYK,Mariska, 610, / /	TUKS	0:58.59	885
8	ROBERTSON,Nikita, 576, / /	TUKS	1:00.53	819

Item 96 20:05 Final Men Senior 400m Decathlon

1	PRETORIUS,Friedrich, 729, / /	TUKS	0:50.62	786
2	HERN,Edmond, 375, / /	NWU	0:54.75	609

Item 190 14:15 Final Men Senior 400m

1	UKONA,Khuzwayo, 302, / /	MAS	0:46.50	8	1078	G
2	DIKGALE,Ranti, 107, / /	ECA	0:46.66	7	1067	S
3	HLUNGWANI,Ashley, 285, / /	MAS	0:46.84	6	1055	B
4	VAN RENSBURG,Rynardt, 766, / /	TUKS	0:49.15	5	909	
5	SHEZI,Tumisang, 835, / /	TUT	0:50.43	4	833	
6	NZWANZWA,Anele, 827, / /	TUT	0:54.68	3	603	
0	LUFUNO,Rabuyana, 799,	TUT	DNS	0	0	
0	MAVUNDLA,Oscar, 808, / /	TUT	DNS	0	0	

Item 118 08:00 Heat 1 of 5 Men Senior 400m

1	RUTHVEN,Marco, 116, / /	ECA	0:50.03	856
2	SEELIGER,James, 739, / /	TUKS	0:50.25	843
3	MABENA,William, 288, / /	MAS	0:51.18	790
4	BASSON,De Villiers, 633, / /	TUKS	0:52.02	743
0	NDLOVU,Wayne, 490,	SASA	DNS	0
0	NDLOVU,Neo, 491,	SASA	DNS	0

Item 118 08:00 Heat 2 of 5 Men Senior 400m

1	SEELIGER,Jon, 738, / /	TUKS	0:46.81	1057
2	LUFUNO,Rabuyana, 799,	TUT	0:48.17	970
3	NZWANZWA,Anele, 827, / /	TUT	0:48.43	954
4	VILJOEN,Jansen, 769, / /	TUKS	0:48.67	939
5	MOODIE,Thomas, 710, / /	TUKS	0:52.32	726

Item 118 08:00 Heat 3 of 5 Men Senior 400m

1	SHEZI,Tumisang, 835, / /	TUT	0:49.99	859
2	NKOSI,Bongumusa, 294, / /	MAS	0:50.01	858
3	VAN TONDER,Jan, 82, / /	CBG	0:51.73	759
0	RABULANYANA,Lufuno, 830, / /	TUT	DNS	0
0	ALFONSO,Brandon, 626, / /	TUKS	DNS	0
0	MARX,Heinrich, 687, / /	TUKS	DNS	0
0	EHLERS,Theuns, 651, 1998/12/03	TUKS	DNS	0

Item 118 08:00 Heat 4 of 5 Men Senior 400m

1	VAN RENSBURG,Rynardt, 766, / /	TUKS	0:48.78	932
2	HLUNGWANI,Ashley, 285, / /	MAS	0:48.89	925
3	BORNMAN,Marcus, 634, / /	TUKS	0:49.73	874
4	SITELELE,Rollen, 838, / /	TUT	0:51.76	757
5	VAN DER WALT,Marco, 761, / /	TUKS	0:52.46	719
0	MOHLOMI,Peletso, 812, / /	TUT	DNS	0

Item 118 08:00 Heat 5 of 5 Men Senior 400m

1	UKONA,Khuzwayo, 302, / /	MAS	0:47.93	985
2	DIKGALE,Ranti, 107, / /	ECA	0:47.97	983
3	MAVUNDLA,Oscar, 808, / /	TUT	0:48.72	936
4	COMPAAN,Andre, 644, / /	TUKS	0:50.17	848
5	MASHIANGAKO,Theo, 805, / /	TUT	0:54.67	604
0	MUWISHI,Gerren, 370, / /	MWC	DNS	0

Item 168 12:50 Semi Final 1 of 3 Men Senior 400m

1	MAVUNDLA,Oscar, 808, / /	TUT	0:46.52	1077
2	SHEZI,Tumisang, 835, / /	TUT	0:49.07	914
3	VILJOEN,Jansen, 769, / /	TUKS	0:49.09	913
4	MABENA,William, 288, / /	MAS	0:49.75	873
5	VAN DER WALT,Marco, 761, / /	TUKS	0:51.27	785
0	SEELIGER,Jon, 738, / /	TUKS	DNS	0



0	SEELIGER,James, 739, / /	TUKS	DNS	0
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Item 168 12:50 Semi Final 2 of 3 Men Senior 400m

1	UKONA,Khuzwayo, 302, / /	MAS	0:47.07	1040
2	HLUNGWANI,Ashley, 285, / /	MAS	0:47.88	988
3	NZWANZWA,Anele, 827, / /	TUT	0:48.36	958
4	COMPAAN,Andre, 644, / /	TUKS	0:50.31	840
5	RUTHVEN,Marco, 116, / /	ECA	0:50.57	825
6	MOODIE,Thomas, 710, / /	TUKS	0:50.63	821
0	VAN TONDER,Jan, 82, / /	CBG	DNS	0

Item 168 12:50 Semi Final 3 of 3 Men Senior 400m

1	DIKGALE,Ranti, 107, / /	ECA	0:46.86	1054
2	LUFUNO,Rabuyana, 799,	TUT	0:47.91	986
3	VAN RENSBURG,Rynardt, 766, / /	TUKS	0:48.71	936
4	NKOSI,Bongumusa, 294, / /	MAS	0:49.21	906
5	SITELELE,Rollen, 838, / /	TUT	0:51.65	763
0	MASHIANGAKO,Theo, 805, / /	TUT	DNS	0
0	BASSON,De Villiers, 633, / /	TUKS	DNS	0
0	BORNMAN,Marcus, 634, / /	TUKS	DNS	0

Item 77 18:30 Final Girls U16 800m

1	HOMAN,Talita, 326, / /	MONT	2:12.65	8	1200	G
2	PABALLO,Radebe, 403, / /	PC	2:13.30	7	1200	S
3	TINYIKO,Ndala, 409, / /	PC	2:13.51	6	1200	B
4	BOTHA,Charissa, 226, / /	HZWK	2:14.47	5	1200	
5	ENGELBREECHT,Klarissa, 231, / /	HZWK	2:16.06	4	1200	
6	REFILOE,Motlohi, 408, / /	PC	2:22.28	3	1200	
7	MOLOTO,Koketso Malope, 551, / /	TUKS	2:24.99	2	1200	
8	VAN DER LINDE,Marlene, 152, / /	HCEN	2:25.09	1	1200	
9	NIENABER,Petrie, 126, / /	ELD	2:25.69	0	1200	
10	RABOTAPI,Kamogelo Lisbert, 572, / /	TUKS	2:25.99	0	1200	
11	HOFFMAN,Caleisha Denay, 530, / /	TUKS	2:26.64	0	1200	
12	VON BUDDENBROCK,Bridgitte, 618, /	TUKS	2:26.70	0	1200	
13	NTLOHELENG,Thelejane, 402, / /	PC	2:28.09	0	1200	
14	VAN DER VEEN,Mia, 498, / /	SUN	2:29.76	0	1200	
15	NOMPUMULELO,Sedibeng, 400, / /	PC	2:34.93	0	1200	
16	SKOSANA,Busisiwe Cathrycia, 589,	TUKS	2:46.10	0	1200	
17	LEBOHANG,Maoko, 394, / /	PC	2:47.32	0	1200	
18	MAKALLANE,Lebo, 541, / /	TUKS	2:54.08	0	1200	
0	VAN STADEN,Amy, 103, / /	ECA	DNS	0	0	
0	SCHOLTZ,Lara, 186, / /	HMPK	DNS	0	0	

Item 73 18:10 Final Boys U16 800m

1	MOTLHABEDI,Karabelo, 712, / /	TUKS	1:55.26	8	1200	G
2	JOSEPH,Ndala, 422, / /	PC	1:57.97	7	1200	S
3	MARAIS,Alwyn, 222,	HWTK	2:00.75	6	1200	B
4	DU PLESSIS,Ivan, 334, / /	MONT	2:03.13	5	1200	
5	MBESA,Samkelo Lesedi, 695, / /	TUKS	2:03.14	4	1200	
6	PIETERS,Andre, 251, / /	HZWK	2:04.65	3	1200	
7	SMITH,Alexander, 135, 2005/10/14	ELD	2:06.16	2	1200	
8	VAN DER MERWE,Keegan, 854, / /	HZWK	2:06.47	1	1200	
9	DE WIT,Eben, 312, / /	MIDS	2:07.81	0	1200	
10	MBONANI,Mhwande, 199, / /	HMPK	2:08.91	0	1200	
11	GOUWS,Henning, 194, / /	HMPK	2:11.68	0	1200	
12	NEL,Rynardt, 200, / /	HMPK	2:13.34	0	1200	
13	NTULI,Sisanda, 725, / /	TUKS	2:15.92	0	1200	
14	KABELO,Mashitisho, 424, / /	PC	2:24.93	0	1200	
0	LESEGO,Thapane, 432, / /	PC	DNS	0	0	
0	THALUKI,Legodi, 448, / /	PC	DNF	0	0	

Item 218 16:20 Final Women U18 800m Heptathlon

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1	JANSSEN,Danika, 846, / /	WILL	3:02.46	343
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Item 76 18:25 Final Women U18 800m

1	BOTHA,Cyla, 166, / /	HGF	2:12.45	8	1200	G
2	VAN WYK,Carla, 104, / /	ECA	2:13.02	7	1200	S
3	CONJE,Juanike, 211,	HWTk	2:14.37	6	1200	B
4	CRONJE,Marianke, 212,	HWTk	2:15.61	5	1200	
5	BIESEMAN,Emma, 5, / /	AHMP	2:15.84	4	1200	
6	MABUZA,Nonhlanhla Charity, 538, / /	TUKS	2:16.00	3	1200	
7	MATHAPELO,Mavuso, 398, / /	PC	2:17.70	2	1200	
8	KRUGER,Izelle, 363, / /	MUR	2:20.07	1	1200	
9	MIENIE,Elmé, 125, / /	ELD	2:21.42	0	1200	
10	VILJOEN,Danell, 154, / /	HCEN	2:23.71	0	1200	
0	BRAZER,Amore, , / /	HAKA	DNS	0	0	
0	KNOETZE,Nicola, 234, / /	HZWK	DNS	0	0	

Item 23 13:40 Heat 1 of 2 Women U18 800m

1	VAN WYK,Carla, 104, / /	ECA	2:16.54	1200
2	BOTHA,Cyla, 166, / /	HGF	2:19.31	1200
3	CRONJE,Marianke, 212,	HWTk	2:21.72	1200
4	MIENIE,Elmé, 125, / /	ELD	2:27.35	1200
5	VILJOEN,Danell, 154, / /	HCEN	2:30.12	1200
6	KNOETZE,Nicola, 234, / /	HZWK	2:30.47	1200
7	JEZILE,Zimasa, 533, / /	TUKS	2:32.49	1200
8	SHONGWE,Wendy, 587, / /	TUKS	2:33.01	1200
0	MOGOSHANE,Dimpho, 472,	ROSS	DNS	0
0	CHIBOYI,Sandra, 466,	ROSS	DNS	0

Item 23 13:40 Heat 2 of 2 Women U18 800m

1	CONJE,Juanike, 211,	HWTk	2:18.02	1200
2	BIESEMAN,Emma, 5, / /	AHMP	2:19.20	1200
3	MABUZA,Nonhlanhla Charity, 538, / /	TUKS	2:19.51	1200
4	MATHAPELO,Mavuso, 398, / /	PC	2:21.33	1200
5	KRUGER,Izelle, 363, / /	MUR	2:22.24	1200
6	BRAZER,Amore, , / /	HAKA	2:24.92	1200
7	PHAKANE,Tshepang, 570, / /	TUKS	2:51.63	1200
0	MOGOLA,Hope, 470,	ROSS	DNS	0
0	NGWENYA,Mahlatsi Bianca, 563, / /	TUKS	DNS	0

Item 72 18:05 Final Men U18 800m

1	MADONSELA,Karabo Try, 681, / /	TUKS	1:51.01	8	1200	G
2	KHOZA,Sipheshile Patrick Innoce, 669,	TUKS	1:53.44	7	1200	S
3	MOLAETSA,Mpho, 706, / /	TUKS	1:54.04	6	1200	B
4	NCUBE,James, 715, / /	TUKS	1:54.77	5	1200	
5	REES,Garrick, 274, / /	JS	1:54.98	4	1200	
6	JANSE VAN VUUREN,Johan, 108, / /	ECA	1:55.47	3	1200	
7	HUNTER,Keagan, 127, / /	ELD	1:56.25	2	1200	
8	TSHEPO,Rasiile, 449, / /	PC	1:57.13	1	1200	
9	MATHEBULA,Viwe, 689, / /	TUKS	1:59.08	0	1200	
10	TRUTER,Christian, 136, / /	ELD	1:59.23	0	1200	
11	SICELO,Mkhwanazi, 445, / /	PC	2:00.30	0	1200	
12	MPHO,Jack, 436, / /	PC	2:00.60	0	1200	

Item 22 13:30 Heat 1 of 2 Men U18 800m

1	MADONSELA,Karabo Try, 681, / /	TUKS	1:56.91	1200
2	JANSE VAN VUUREN,Johan, 108, / /	ECA	1:57.07	1200
3	KHOZA,Sipheshile Patrick Innoce, 669,	TUKS	1:57.15	1200
4	HUNTER,Keagan, 127, / /	ELD	1:57.52	1200
5	SICELO,Mkhwanazi, 445, / /	PC	1:58.23	1200
6	TSHEPO,Rasiile, 449, / /	PC	1:58.95	1200
7	DU TOIT,Gideon, 221,	HWTk	1:58.96	1200
8	BULUNGA,Kalebi, 276, / /	LOW	2:00.14	1200

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9	LABUSCHAGNE, Quentin, 165, / /	HSDW	2:01.30	1200
10	DICK, Claude, 247, / /	HZWK	2:01.98	1200
11	VAN ANTWERPEN, Jason, 758, / /	TUKS	2:04.78	1200
12	VAN HEERDEN, Ian, 848, 2004/09/14	WILL	2:04.81	1200
13	VUMA, Tom, 505, / /	SUN	2:09.50	1200

Item 22 13:30 Heat 2 of 2 Men U18 800m

1	REES, Garrick, 274, / /	JS	1:57.35	1200
2	NCUBE, James, 715, / /	TUKS	1:58.15	1200
3	MPHO, Jack, 436, / /	PC	1:58.20	1200
4	MOLAETSA, Mpho, 706, / /	TUKS	1:58.49	1200
5	MATHEBULA, Viwe, 689, / /	TUKS	1:58.63	1200
6	TRUTER, Christian, 136, / /	ELD	1:58.64	1200
7	OBERHOLZER, Christiaan, 133, / /	ELD	1:58.96	1200
8	MODISELLE, Tshagofatso, 502, / /	SUN	2:00.78	1200
9	MUNNIK, Andy, 321, / /	MIDS	2:05.62	1200
10	VAN DER MERWE, Niel, 119, / /	ECA	2:06.05	1200
11	PUTTER, Ulrich, 161, / /	HCEN	2:08.50	1200
0	SEGUROLA, Martin, 358, / /	MOOT	DNS	0
0	MASEKO, Lujju, 146,	HAKA	DNS	0

Item 218 16:20 Final Women U20 800m Heptathlon

1	THERON, Liezl (1), 598, / /	TUKS	2:31.15	679
2	ZEANNE, Kruger, 373, / /	NWU	2:54.98	413

Item 75 18:20 Final Women U20 800m

1	SEKGODISO, Prudence, 581, / /	TUKS	2:02.16	8	1200	G
2	PRINSLOO, Carmie, 329, / /	MONT	2:06.66	7	1200	S
3	SENOSI, Keletso, 858, / /	BOX	2:07.02	6	1200	B
4	BLAKE, Lee-anne, 844, / /	VC	2:09.89	5	1200	
5	VAN DER MERWE, Jana, 605, / /	TUKS	2:11.57	4	1200	
6	DU PLESSIS, Chanel, 325, / /	MONT	2:13.20	3	1200	
7	SWART, Charné, 187, / /	HMPK	2:14.64	2	1200	
8	CONRADIE, Elné, 97, / /	ECA	2:19.09	1	1200	
9	KIMBER, Jenna, 351,	MOOT	2:21.45	0	1200	
10	STEYNBERG, Nadia, 238, / /	HZWK	2:21.59	0	1200	
11	NEU, Tine, 235, / /	HZWK	2:29.63	0	1200	
12	SEBATHA, Ayanda, 788, / /	TUT	2:37.01	0	1200	
13	MURAT, Michaela, 557, / /	TUKS	2:41.62	0	1200	

Item 70 18:00 Final Men U20 800m

1	MAHLANGU, Ntando, 40,	AHS	1:43.31	8	1200	G
2	DU PLESSIS, Edmund, 33,	AHS	1:47.85	7	1200	S
3	NWAGU, Tshagofatso David, 726, / /	TUKS	1:48.29	6	1200	B
4	BLIGNAUT, Juwan, 217, / /	HWTK	1:49.52	5	1200	
5	CHOBAB, Abednico, 643, / /	TUKS	1:50.99	4	1200	
6	NHLAPHO, Sbusiso, 718, / /	TUKS	1:51.89	3	1200	
7	LOUBSER, Migael, 340, / /	MONT	1:53.18	2	1200	
8	GERBER, Marno, 380, / /	OMAC	1:54.00	1	1200	
9	LEKGORO, Rebaone, 500, / /	SUN	1:55.69	0	1200	
10	AMOS, Khoza, 412, / /	PC	1:56.32	0	1200	
11	GAIT-SMITH, Michael, 273, / /	JS	1:56.58	0	1200	
12	KHUMALO, Siyabonga, 796, / /	TUT	1:58.76	0	1200	
13	MGCINA, Bongani Bulelani, 697, / /	TUKS	2:05.96	0	1200	

Item 21 13:20 Heat 1 of 2 Men U20 800m

1	DU PLESSIS, Edmund, 33,	AHS	2:00.00	1200
1	GERBER, Marno, 380, / /	OMAC	2:00.00	1200
1	AMOS, Khoza, 412, / /	PC	2:00.00	1200
1	GAIT-SMITH, Michael, 273, / /	JS	2:00.00	1200
1	KHUMALO, Siyabonga, 796, / /	TUT	2:00.00	1200
1	CHOBAB, Abednico, 643, / /	TUKS	2:00.00	1200



1	MGCINA,Bongani Bulelani, 697, / /	TUKS	2:00.00	1200
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Item 21 13:20 Heat 2 of 2 Men U20 800m

1	MAHLANGU,Ntando, 40,	AHS	2:00.00	1200
1	LOUBSER,Migael, 340, / /	MONT	2:00.00	1200
1	BLIGNAUT,Juwan, 217, / /	HWTK	2:00.00	1200
1	LEKGORO,Rebaone, 500, / /	SUN	2:00.00	1200
1	NWAGU,Tshegofatso David, 726, / /	TUKS	2:00.00	1200
1	NHLAPHO,Sbusiso, 718, / /	TUKS	2:00.00	1200

Item 218 16:20 Final Women Senior 800m Heptathlon

1	VERSTER,Shannon (1), 615, / /	TUKS	2:27.47	725
2	GRAVETT,Anneri, 372, / /	NWU	2:40.37	569

Item 74 18:15 Final Women Senior 800m

1	MULLER,Niene, 556, / /	TUKS	2:09.29	8	1002	G
2	OOSTHUIZEN,Michaela, 567, / /	TUKS	2:11.04	7	973	S
3	JANSE VAN RENSBURG,Janie, 531, /	TUKS	2:16.17	6	891	B
4	REDELINGHUYS,Michelle, 65, / /	BOX	2:17.63	5	868	
5	MUNNIK,Marili, 365, / /	MUR	2:21.43	4	810	

Item 69 17:55 Final Men Senior 800m

1	TSHITE,Tsepo, 81, / /	BOX	1:46.23	8	1136	G
2	SEMENYA,Joel, 300, / /	MAS	1:47.81	7	1089	S
3	STEVENS,Darren, 749, / /	TUKS	1:48.13	6	1080	B
4	SWART,Christopher, 752, / /	TUKS	1:48.20	5	1078	
5	MACHABA,Tumelo, 73, / /	BOX	1:49.75	4	1033	
6	MADIMA,Themba, 111, / /	ECA	1:50.25	3	1019	
7	NCAMANE,Abram Jabolane, 292, / /	MAS	1:52.30	2	961	
8	VILJOEN,Jansen, 769, / /	TUKS	1:54.80	1	894	
9	SEELIGER,James, 739, / /	TUKS	1:54.83	0	893	
10	RUTHVEN,Marco, 116, / /	ECA	1:55.06	0	887	
11	BARRANGE,Wilhelm, 632, / /	TUKS	1:56.33	0	853	
12	VIELLEUSE,Samuel, 303, / /	MAS	1:58.84	0	789	

Item 20 13:10 Heat 1 of 2 Men Senior 800m

1	SEMENYA,Joel, 300, / /	MAS	1:50.65	1007
2	STEVENS,Darren, 749, / /	TUKS	1:52.61	953
3	MADIMA,Themba, 111, / /	ECA	1:53.02	942
4	SEELIGER,James, 739, / /	TUKS	1:54.17	910
5	VILJOEN,Jansen, 769, / /	TUKS	1:54.31	907
6	BARRANGE,Wilhelm, 632, / /	TUKS	1:55.03	888
7	VIELLEUSE,Samuel, 303, / /	MAS	1:55.24	882
8	BASSON,De Villiers, 633, / /	TUKS	1:56.98	837
9	KAGISWA,Don, 382, / /	OMAC	1:58.30	803
10	VISAGIE,Nico, 770, / /	TUKS	2:12.74	480
0	LANGA,Miclas, 72, / /	BOX	DNS	0
0	PILANE,Tshegofatso, 76, / /	BOX	DNS	0
0	MOHLOMI,Peletso, 812, / /	TUT	DNS	0
0	NTWANANO,Mukhuwani, 826, / /	TUT	DNS	0

Item 20 13:10 Heat 2 of 2 Men Senior 800m

1	TSHITE,Tsepo, 81, / /	BOX	1:49.54	1039
2	MACHABA,Tumelo, 73, / /	BOX	1:50.12	1023
3	SWART,Christopher, 752, / /	TUKS	1:50.57	1010
4	NCAMANE,Abram Jabolane, 292, / /	MAS	1:52.85	946
5	BELL,Jansen, 899, / /	AMPU	1:56.08	860
6	RUTHVEN,Marco, 116, / /	ECA	1:56.43	851
7	PHAO,Tlou Rethabile, 295, / /	MAS	2:00.26	754
8	MTHEMBU,Phelelani, 291, / /	MAS	2:00.73	743
9	NGUBANE,Siphosakhe, 823, / /	TUT	2:10.19	531
0	NDLOVU,Wayne, 490,	SASA	DNS	0
0	NDLAZI,Xavier, 821, / /	TUT	DNS	0



0	VAN DER WALT ,Juan Verster, 763, /	TUKS	DNS	0
0	EHLERS,Theuns, 651, 1998/12/03	TUKS	DNS	0

Item 138 09:58 Final Girls U16 1500m

1	TINYIKO,Ndala, 409, / /	PC	04:39.03	8	1200	G
2	PABALLO,Radebe, 403, / /	PC	04:41.34	7	1200	S
3	JACOBS,Izandri, 327, / /	MONT	04:42.59	6	1200	B
4	SMIT,Liané, 100, / /	ECA	04:46.25	5	1200	
5	REFILOE,Motlohi, 408, / /	PC	04:47.18	4	1200	
6	MATSHABA,Phemelo, 546, / /	TUKS	04:47.32	3	1200	
7	VAN NIEKERK,Melissa, 25, / /	AHMP	04:50.09	2	1200	
8	NTLOHELENG,Thelejane, 402, / /	PC	05:00.63	1	1200	
9	MOLOTO,Koketso Malope, 551, / /	TUKS	05:03.08	0	1200	
10	GELDENHUYS,Maryke, 149, / /	HCEN	05:04.90	0	1200	
11	SCHOEMAN,Wiepke, 237, / /	HZWK	05:06.79	0	1200	
12	VAN DER LINDE,Marlene, 152, / /	HCEN	05:07.87	0	1200	
13	PIENAAR,Chloë, 184, / /	HMPK	05:12.22	0	1200	
14	SWANEPOEL,Tenille, 101, / /	ECA	05:15.49	0	1200	
15	VON BUDDENBROCK,Bridgitte, 618, /	TUKS	05:15.66	0	1200	
16	KRUGER,Helene, 61, / /	BOX	05:16.20	0	1200	
17	RABOTAPI,Kamogelo Lisbert, 572, / /	TUKS	05:16.64	0	1200	
18	VERSCHOOR,Stepanie, 27, / /	AHMP	05:17.87	0	1200	
19	LEBOHANG,Maoko, 394, / /	PC	05:18.83	0	1200	
20	JANSEN VAN RENSBURG,Janica, 124,	ELD	05:29.42	0	1200	
0	VAN STADEN,Amy, 103, / /	ECA	DNS	0	0	
0	NOMPUMULELO,Sedibeng, 400, / /	PC	DNS	0	0	
0	SCHOLTZ,Lara, 186, / /	HMPK	DNS	0	0	
0	HOFFMAN,Caleisha Denay, 530, / /	TUKS	DNS	0	0	
0	MSANI,Nombuso, 555, / /	TUKS	DNS	0	0	
0	SKOSANA,Busisiwe Cathrycia, 589,	TUKS	DNS	0	0	

Item 131 09:22 Final Boys U16 1500m

1	MOTLHABEDI,Karabelo, 712, / /	TUKS	04:08.18	8	1200	G
2	SEGWATLHA,Morapeleng, 740, / /	TUKS	04:13.88	7	1200	S
3	SFISO,Makolomakwa, 442, / /	PC	04:16.23	6	1200	B
4	MARAI,Alwyn, 222,	HWTk	04:20.36	5	1200	
5	MABOTE,Bokang Blessing, 678, / /	TUKS	04:22.56	4	1200	
6	LESEGO,Thapane, 432, / /	PC	04:24.20	3	1200	
7	DELPORT,Johan, 246, / /	HZWK	04:28.40	2	1200	
8	DE WIT,Eben, 312, / /	MIDS	04:29.17	1	1200	
9	VAN DER LEEK,Xavier, 322, / /	MIDS	04:29.58	0	1200	
10	MBESA,Samkelo Lesedi, 695, / /	TUKS	04:30.61	0	1200	
11	ROOTMAN,Rinus, 134, / /	ELD	04:32.64	0	1200	
12	MABE,Madumetja Sam, 677, / /	TUKS	04:36.42	0	1200	
13	ENDRODY,Matthew, 34,	AHS	04:38.06	0	1200	
14	GOUWS,Henning, 194, / /	HMPK	04:38.14	0	1200	
15	NTULI,Sisanda, 725, / /	TUKS	04:41.77	0	1200	
16	CHAUKE,Rethabile Letlhogonolo, 642,	TUKS	04:43.22	0	1200	
17	KABELO,Mashitisho, 424, / /	PC	04:56.17	0	1200	
18	PRETORIUS,Jean Piare, 159, / /	HCEN	04:56.77	0	1200	
19	SIFILE,Baxololile, 481,	ROSS	05:02.89	0	1200	
20	NEL,Rynardt, 200, / /	HMPK	05:03.42	0	1200	
0	VAN WYK,Stephan, 344, 2006/07/10	MONT	DNS	0	0	
0	DIBETLA,Kefilwe, 477,	ROSS	DNS	0	0	
0	NGOBENI,Tshepang, 479,	ROSS	DNS	0	0	
0	PIETERS,Andre, 251, / /	HZWK	DNS	0	0	
0	VAN DER MERWE,Keegan, 854, / /	HZWK	DNS	0	0	
0	MBONANI,Mhwande, 199, / /	HMPK	DNS	0	0	
0	JOSEPH,Ndala, 422, / /	PC	DNF	0	0	

Item 137 09:49 Final Women U18 1500m

Meeting :2020/03/13 to 2020/03/14: AGN SUB-YOUTH, YOUTH, JUNIOR, MASTERS & SEN (1) at BESTMED TUKS


1	GAIT-SMITH,Gabriella, 269, / /	JS	04:32.78	8	1200	G
2	KARABO,Motsoeneng, 392, / /	PC	04:36.93	7	1200	S
3	POTGIETER,Nadia, 64, / /	BOX	04:38.52	6	1200	B
4	MATHAPELO,Mavuso, 398, / /	PC	04:45.54	5	1200	
5	CONJE,Juanike, 211,	HWTK	04:48.36	4	1200	
6	CRONJE,Marianke, 212,	HWTK	04:49.30	3	1200	
7	MABUZA,Nonhlanhla Charity, 538, / /	TUKS	04:53.39	2	1200	
8	BIESEMAN,Emma, 5, / /	AHMP	04:58.89	1	1200	
9	SHABALALA,Amogelang, 585, / /	TUKS	05:03.66	0	1200	
10	NGWENYA,Mahlatsi Bianca, 563, / /	TUKS	05:11.16	0	1200	
11	SHANGE,Nonkululeko Angel, 586, / /	TUKS	05:13.83	0	1200	
12	JEZILE,Zimasa, 533, / /	TUKS	05:22.92	0	1200	
13	KNOETZE,Nicola, 234, / /	HZWK	05:24.16	0	1200	
14	PRETORIUS,Clarissa, 151, / /	HCEN	05:29.28	0	1200	
15	SMIT,Michelle, 22, / /	AHMP	05:36.41	0	1200	
0	MUCHARA,Ashley, 473,	ROSS	DNS	0	0	
0	VISSER,Nicole, 168, / /	HGF	DNS	0	0	
0	MALATSI,Amogelang, 543, / /	TUKS	DNS	0	0	
0	DLAMINI,Noluthando, 518, / /	TUKS	DNS	0	0	

Item 130 09:13 Final Men U18 1500m

1	REES,Garrick, 274, / /	JS	04:02.55	8	1200	G
2	KHOZA,Siphehile Patrick Innoce, 669,	TUKS	04:03.83	7	1200	S
3	MPHO,Jack, 436, / /	PC	04:04.96	6	1200	B
4	JANSE VAN VUUREN,Johan, 108, / /	ECA	04:05.39	5	1200	
5	LOUW,Hannes, 109, / /	ECA	04:05.40	4	1200	
6	LOUW,Willie, 110, / /	ECA	04:08.37	3	1200	
7	ZIXUNGE,Sanele, 779, / /	TUKS	04:09.10	2	1200	
8	MOLAETSA,Mpho, 706, / /	TUKS	04:10.44	1	1200	
9	MODISELLE,Tshegofatso, 502, / /	SUN	04:10.47	0	1200	
10	VAN DER MERWE,Niel, 119, / /	ECA	04:10.58	0	1200	
11	RYBNIKAR,Ronin, 162, / /	HCEN	04:10.98	0	1200	
12	MATHEBULA,Viwe, 689, / /	TUKS	04:11.46	0	1200	
13	LEBELO,Phalatsi, 674, / /	TUKS	04:13.22	0	1200	
14	SKOSANA,Nkosinathi Isaac, 747, / /	TUKS	04:14.12	0	1200	
15	SIBONOKUHLE,Thwala, 444, / /	PC	04:16.40	0	1200	
16	KRUGER,Reece, 430, / /	PC	04:20.57	0	1200	
17	NCUBE,James, 715, / /	TUKS	04:20.78	0	1200	
18	WINTERBACH,Rolf, 53,	AHS	04:28.58	0	1200	
19	PUTTER,Ulrich, 161, / /	HCEN	04:31.03	0	1200	
20	ZUKULU,Rowen Uvo, 780, / /	TUKS	04:37.24	0	1200	
21	PRINSLOO,Heino, 114, / /	ECA	04:37.83	0	1200	
0	WILKINSON,John, 346, / /	MONT	DNS	0	0	
0	SEGUROLA,Martin, 358, / /	MOOT	DNS	0	0	
0	SICELO,Mkhwanazi, 445, / /	PC	DNS	0	0	
0	KATLEHO,Rangane, 426, / /	PC	DNS	0	0	
0	MARX,Ruben, 198, / /	HMPK	DNS	0	0	
0	FARMER,Jay-cobus Jared, 654, / /	TUKS	DNS	0	0	
0	CONNOR,Titus, 645, / /	TUKS	DNS	0	0	

Item 225 17:25 Final Men U18 1500m Decathlon

1	BRONKHORST,Ruan, 640, / /	TUKS	05:21.62	442	
2	VOGEL,Phillip Lodewyk, 771, / /	TUKS	05:54.38	287	

Item 136 09:40 Final Women U20 1500m

1	PRINSLOO,Carmie, 329, / /	MONT	04:21.54	8	1200	G
2	BLAKE,Lee-anne, 844, / /	VC	04:34.69	7	1200	S
3	BELL,Kirsti, 93, / /	ECA	04:38.38	6	1200	B
4	ROELOFSE,Lyndi, 578, / /	TUKS	04:43.46	5	1200	
5	MAKGOTSO,Njubane, 397, / /	PC	05:05.21	4	1200	

Meeting :2020/03/13 to 2020/03/14: AGN SUB-YOUTH, YOUTH, JUNIOR, MASTERS & SEN (1) at BESTMED TUKS


6	KIMBER,Jenna, 351,	MOOT	05:17.72	3	1200
0	STEYNBERG,Nadia, 238, / /	HZWK	DNS	0	0
0	SEHLABI,Hlokomelo, 580, / /	TUKS	DNS	0	0
0	SEKGODISO,Prudence, 581, / /	TUKS	DNS	0	0

Item 129 09:04 Final Men U20 1500m

1	NWAGU,Tshegofatso David, 726, / /	TUKS	03:55.67	8	1200	G
2	CHOBABednico, 643, / /	TUKS	03:55.88	7	1200	S
3	BLIGNAUT,Juwan, 217, / /	HWTk	03:56.00	6	1200	B
4	TETELO,Molokomme, 446,	PC	04:00.40	5	1200	
5	MOKHOTHU,Siyabonga, 705, / /	TUKS	04:02.97	4	1200	
6	PRETORIUS,Armin, 160, / /	HCEN	04:03.82	3	1200	
7	NHLAPHO,Sbusiso, 718, / /	TUKS	04:05.78	2	1200	
8	MGCINA,Bongani Bulelani, 697, / /	TUKS	04:12.86	1	1200	
9	SWANEPOEL,Gerhard, 225,	HWTk	04:15.09	0	1200	
10	SETSHOHO,Thato, 742, / /	TUKS	04:16.44	0	1200	
11	SMITH,Gareth, 163, / /	HCEN	04:20.34	0	1200	
12	PIETERSE, Waldo, 44,	AHS	04:29.96	0	1200	
13	KHUMALO,Siyabonga, 796, / /	TUT	04:42.18	0	1200	
14	MOKALE,Lethabo, 814, / /	TUT	04:58.18	0	1200	
0	GAIT-SMITH,Michael, 273, / /	JS	DNS	0	0	
0	MAYEPHU,Bhongo, 694, / /	TUKS	DNS	0	0	

Item 135 09:31 Final Women Senior 1500m

1	WEITZ,Simonay, 69, / /	BOX	04:39.90	8	906	G
2	JANSE VAN RENSBURG,Janie, 531, /	TUKS	04:45.00	7	871	S
3	REDELINGHUIS,Michelle, 65, / /	BOX	04:46.32	6	862	B
4	FERREIRA,Lizerie, 523, / /	TUKS	04:46.53	5	860	
5	DU TOIT,Nadya, 520, / /	TUKS	04:50.79	4	832	
6	SWIEGERS,Carina, 597, / /	TUKS	05:02.73	3	754	
7	WENTZEL,Marizahn, 620, / /	TUKS	05:23.13	2	630	
8	DLAMINI,Nonkululeko, 782, / /	TUT	07:47.26	1	70	
0	SUNET,Eybers, 366, / /	MUR	DNS	0	0	
0	NICE,Anuscha, 564, / /	TUKS	DNS	0	0	
0	GERBER,Megan, 525, / /	TUKS	DNS	0	0	

Item 225 17:25 Final Men Senior 1500m Decathlon

1	PRETORIUS,Friedrich, 729, / /	TUKS	04:50.19		618
2	HERN,Edmond, 375, / /	NWU	05:36.73		367

Item 128 08:55 Final Men Senior 1500m

1	MACHABA,Tumelo, 73, / /	BOX	03:52.52	8	945	G
2	MATLALA,Monne, 691,	TUKS	03:52.95	7	940	S
3	SWART,Christopher, 752, / /	TUKS	03:53.43	6	934	B
4	BREDENKAMP,Johnathan, 636, / /	TUKS	03:55.06	5	914	
5	BOTLHOLO,Solomon, 793, / /	TUT	03:55.76	4	905	
6	PHEKO,Khotsofalo, 296, / /	MAS	03:57.56	3	883	
7	MADIMA,Themba, 111, / /	ECA	03:58.76	2	869	
8	MUNNIK,James, 369, / /	MUR	03:59.28	1	863	
9	LANGA,Miclas, 72, / /	BOX	04:04.55	0	802	
10	MTHEMBU,Phelelani, 291, / /	MAS	04:06.12	0	784	
11	STOFFBERG,Arend, 750, / /	TUKS	04:06.77	0	776	
12	MAKOASHA,Mahlatse, 801, / /	TUT	04:14.19	0	695	
13	NGOETJANA,Ernest, 293, / /	MAS	04:21.25	0	622	
14	KAGISWA,Don, 382, / /	OMAC	04:28.61	0	550	
15	MUKOKO,Larry, 112, / /	ECA	04:37.40	0	470	
15	VISAGIE,Nico, 770, / /	TUKS	04:37.40	0	470	
17	BRITZ,Barend, 638, / /	TUKS	04:43.59	0	418	
18	SIBANYONI,Thapelo, 837, / /	TUT	04:51.80	0	353	
19	LUBISI,Sunday, 798, / /	TUT	04:55.18	0	328	
20	SILANDU,Siyabonga, 744, / /	TUKS	05:00.01	0	293	

Meeting :2020/03/13 to 2020/03/14: AGN SUB-YOUTH, YOUTH, JUNIOR, MASTERS & SEN (1) at BESTMED TUKS

0	PHAO,Tlou Rethabile, 295, / /	MAS	DNS	0	0
0	MATLALA,David, 807,	TUT	DNS	0	0
0	NGUBANE,Siphosakhe, 823, / /	TUT	DNS	0	0
0	MOKOPANE,Rantso, 815, / /	TUT	DNS	0	0
0	VAN RENSBURG,Rynardt, 766, / /	TUKS	DNS	0	0

Item 224 17:15 Final Girls U16 3000m

1	DEKKER,Li-mari, 230, / /	HZWK	10:23.57	8	1200	G
2	MATSHABA,Phemelo, 546, / /	TUKS	10:26.55	7	1200	S
3	JACOBS,Izandri, 327, / /	MONT	10:28.59	6	1200	B
4	SMIT,Liané, 100, / /	ECA	10:29.61	5	1200	
5	VAN NIEKERK,Melissa, 25, / /	AHMP	10:30.68	4	1200	
6	PIENAAR,Chloë, 184, / /	HMPK	10:49.63	3	1200	
7	VERSCHOOR,Stepanie, 27, / /	AHMP	10:53.47	2	1200	
8	SCHOEMAN,Wiepke, 237, / /	HZWK	10:56.49	1	1200	
9	VON WESTERHAGEN,Zabine, 309, /	MIDS	11:33.73	0	1200	
10	KNOESEN,Christene, 233, / /	HZWK	11:35.18	0	1200	

Item 223 17:05 Final Boys U16 3000m

1	SEGWATLHA,Morapeleng, 740, / /	TUKS	09:27.31	8	1200	G
2	SFISO,Makolomakwa, 442, / /	PC	09:32.59	7	1200	S
3	MABOTE,Bokang Blessing, 678, / /	TUKS	09:40.47	6	1200	B
4	DELPORT,Johan, 246, / /	HZWK	09:43.49	5	1200	
5	PIETERS,Andre, 251, / /	HZWK	09:47.63	4	1200	
6	CHAUKE,Rethabile Letlhogonolo, 642,	TUKS	10:12.31	3	1200	
7	BREYTENBACH,Juan, 311, / /	MIDS	10:13.19	2	1200	
8	DE FREITAS CAMARA,Carlos Manuel,	TUKS	10:28.20	1	1200	
0	MABE,Madumetja Sam, 677, / /	TUKS	DNS	0	0	

Item 222 16:55 Final Women U18 3000m

1	GAIT-SMITH,Gabriella, 269, / /	JS	10:01.48	8	1200	G
2	KARABO,Motsoeneng, 392, / /	PC	10:12.34	7	1200	S
3	POTGIETER,Nadia, 64, / /	BOX	10:31.73	6	1200	B
4	DE BEER,Nerize, 323, / /	MONT	10:40.97	5	1200	
5	DINWOODIE,Danita, 58, / /	BOX	10:56.93	4	1200	
6	SHABALALA,Amogelang, 585, / /	TUKS	11:02.86	3	1200	
7	SHANGE,Nonkululeko Angel, 586, / /	TUKS	11:13.99	2	1200	
8	TOKWANA,Banele, 599,	TUKS	11:26.06	1	1200	
9	STICKELLS,Jennifer, 331, / /	MONT	11:36.83	0	1200	
10	OBRIEN,Zoe, 150, / /	HCEN	12:36.54	0	1200	
0	MALATSI,Amogelang, 543, / /	TUKS	DNS	0	0	
0	DLAMINI,Noluthando, 518, / /	TUKS	DNF	0	0	

Item 206 15:25 Final Men U18 3000m

1	LOUW,Hannes, 109, / /	ECA	08:53.97	8	1200	G
2	KABELO,Maja, 425, / /	PC	08:57.20	7	1200	S
3	REES,Garrick, 274, / /	JS	09:03.02	6	1200	B
4	WILLIE,Leboho, 450, / /	PC	09:04.20	5	1200	
5	VAN DER MERWE,Niel, 119, / /	ECA	09:07.13	4	1200	
6	LOUW,Willie, 110, / /	ECA	09:09.69	3	1200	
7	LEBELO,Phalatsi, 674, / /	TUKS	09:10.50	2	1200	
8	RYBNIKAR,Ronin, 162, / /	HCEN	09:11.93	1	1200	
9	CORNELISSEN,Danie, 106, / /	ECA	09:14.94	0	1200	
10	ZIXUNGE,Sanele, 779, / /	TUKS	09:19.03	0	1200	
11	FUTHANA,Tshepo, 658, / /	TUKS	09:29.38	0	1200	
12	SKOSANA,Nkosinathi Isaac, 747, / /	TUKS	09:38.84	0	1200	
13	LAZARUS,Matt, 318, / /	MIDS	09:47.91	0	1200	
14	WENHOLD,Reece, 461, / /	PBHS	09:54.90	0	1200	
15	KRUGER,Reece, 430, / /	PC	10:01.09	0	1200	
16	PRINSLOO,Heino, 114, / /	ECA	10:01.20	0	1200	
0	MARX,Ruben, 198, / /	HMPK	DNR	0	0	

Item 221 16:35 Final Women U20 5000m

Meeting :2020/03/13 to 2020/03/14: AGN SUB-YOUTH, YOUTH, JUNIOR, MASTERS & SEN (1) at BESTMED TUKS


1	PRINSLOO, Carmie, 329, / /	MONT	17:56.83	8	1200	G
2	ROELOFSE, Lyndi, 578, / /	TUKS	18:46.48	7	1200	S
3	CURLEWIS, Leshan, 213,	HWTK	19:14.10	6	1200	B
4	GIBBS, Kia, 526, / /	TUKS	19:49.12	5	1200	
5	VAN NIEKERK, Isabelle, 153, / /	HCEN	21:22.32	4	1200	
6	VILJOEN, Lindi, 155, / /	HCEN	22:35.53	3	1200	
0	VAN WYK, Lizeth, 614, / /	TUKS	DNS	0	0	
0	PHAHLAHLA, Maphuthi Raesibe, 569,	TUKS	DNS	0	0	

Item 204 15:05 Final Men U20 5000m

1	KGADI, Monyebodi, 428, / /	PC	15:35.05	8	1200	G
2	FORRESTER, Matthew, 656, / /	TUKS	15:46.40	7	1200	S
3	SMITH, Gareth, 163, / /	HCEN	16:22.19	6	1200	B
4	LEBELO, PABALLO, 891, 2002/02/21	NDA	16:38.99	5	1200	
5	MAYEPHU, Bhongo, 694, / /	TUKS	17:02.75	4	1200	
0	KOEKEMOER, Travis, 368, / /	MUR	DNS	0	0	
0	MOKHOTHU, Siyabonga, 705, / /	TUKS	DNS	0	0	

Item 220 16:35 Final Women Senior 5000m

1	MARAI, Stella, 364, / /	MUR	18:10.46	8	823	G
2	WEITZ, Simonay, 69, / /	BOX	19:06.86	7	734	S
3	VAN DER WESTHUIZEN, Caelin, 609,	TUKS	19:30.74	6	697	B
0	XABA, Glenrose, 70, / /	BOX	DNS	0	0	
0	PEU, Tholoana, 786, / /	TUT	DNS	0	0	
0	GERBER, Megan, 525, / /	TUKS	DNS	0	0	

Item 203 15:05 Final Men Senior 5000m

1	MULAUDZI, Collen, 74, / /	BOX	14:24.07	8	921	G
2	BUTHELEZI, Buthelezi, 367, / /	MUR	14:36.73	7	881	S
3	MAGWAI, Reghen, 57, / /	BORN	15:02.85	6	801	B
4	LEKOPA, Dikotsi, 287, / /	MAS	15:06.19	5	791	
5	MOTAUNG, Mpho, 817, / /	TUT	15:11.85	4	774	
6	VAN VOLLENHOVEN, RYNO, 860, / /	BORN	15:27.27	3	730	
7	SEGALAGALA, Tebogo, 138, / /	HOLLY	15:28.93	2	725	
8	PHEKO, Khotsofalo, 296, / /	MAS	15:33.99	1	711	
9	MAKOASHA, Mahlatse, 801, / /	TUT	15:42.79	0	686	
10	SEHEMO, Dannyboy, 831, / /	TUT	16:00.28	0	639	
11	MOKOPANE, Rantso, 815, / /	TUT	16:01.59	0	635	
12	MOKAKLE, Renaleone, 813, / /	TUT	16:04.37	0	628	
13	MAHLANGU, Mandla, 800, / /	TUT	16:19.59	0	588	
14	VON MOLLENDORF, Melt, 772, / /	TUKS	16:20.23	0	587	
15	MASIGO, LESEDI, 889, / /	NDA	17:12.13	0	462	
16	MUKOKO, Larry, 112, / /	ECA	18:09.81	0	340	
0	NGOETJANA, Ernest, 293, / /	MAS	DNS	0	0	
0	MAKWENA, MOTHAPPO, 888, 2000/06/20	NDA	DNS	0	0	
0	HUGHES, Brandon, 386, / /	PAC	DNS	0	0	
0	SEPENG, Tshireletso, 832, / /	TUT	DNS	0	0	
0	BOTLHOLO, Solomon, 793, / /	TUT	DNS	0	0	
0	MASEMOLA, Kamogelo, 804, / /	TUT	DNS	0	0	
0	NGUBO, Sive, 824, / /	TUT	DNS	0	0	
0	SEREKEGO, Thabo, 834, / /	TUT	DNS	0	0	
0	CHOKAE, Lesiba, 794, / /	TUT	DNS	0	0	
0	NKUNA, Thabang, 825, / /	TUT	DNS	0	0	
0	KEKANA, Milton, 795, / /	TUT	DNS	0	0	
0	LEETO, Tshupo, 797, / /	TUT	DNS	0	0	
0	MATLALA, Monne, 691,	TUKS	DNS	0	0	
0	BREDENKAMP, Johnathan, 636, / /	TUKS	DNS	0	0	

Item 102 20:35 Final Men U20 10000m
Item 103 20:35 Final Women Senior 10000m

**Item 101 20:35 Final Men Senior 10000m****Item 57 16:10 Final Girls U16 1500m SteepleChase**

1	KNOESEN,Christene, 233, / /	HZWK	05:21.60	8	1200	G
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Item 58 16:20 Final Boys U16 1500m SteepleChase

1	ROOS,Marco, 275, / /	JS	04:49.93	8	1200	G
2	VAN ROOYEN,Diwan, 258, / /	HZWK	04:50.66	7	1200	S
3	DE FREITAS CAMARA,Carlos Manuel,	TUKS	04:53.19	6	1200	B
4	KOCH,Hanru, 317, / /	MIDS	04:57.82	5	1200	
5	TITUS,Ciano, 80, / /	BOX	05:04.04	4	1200	
6	VAN DRIEL,Eduard, 460, / /	PBHS	05:06.46	3	1200	

Item 59 16:30 Final Women U18 2000m SteepleChase

1	KRUGER,Chanelle, 362, / /	MUR	07:18.26	8	1200	G
2	BRITZ,Carla, 206, / /	HOVK	07:23.06	7	1200	S
3	DE BEER,Nerize, 323, / /	MONT	07:25.93	6	1200	B
4	STICKELLS,Jennifer, 331, / /	MONT	07:26.38	5	1200	
5	NGWENYA,Mahlatsi Bianca, 563, / /	TUKS	08:16.87	4	1200	
6	DLAMINI,Noluthando, 518, / /	TUKS	08:24.09	3	1200	
0	VISSER,Nicole, 168, / /	HGF	DNS	0	0	

Item 60 16:40 Final Men U18 2000m SteepleChase

1	FUTHANA,Tshepo, 658, / /	TUKS	06:05.77	8	1200	G
2	FARMER,Jay-cobus Jared, 654, / /	TUKS	06:14.13	7	1200	S
3	CORNELISSEN,Danie, 106, / /	ECA	06:20.69	6	1200	B
4	KATLEHO,Rangane, 426, / /	PC	06:32.72	5	1200	
5	BOUWER,Juan, 208, / /	HOVK	06:47.01	4	1200	
6	REITZ,Dawie, 78, / /	BOX	06:57.00	3	1200	
7	SIBONOKUHLE,Thwala, 444, / /	PC	07:20.90	2	1200	

Item 65 17:30 Final Women U20 3000m SteepleChase

1	BELL,Kirsti, 93, / /	ECA	10:38.15	8	1200	G
2	STICKELLS,Izabel, 594, / /	TUKS	12:04.32	7	1200	S
3	CURLEWIS,Leshan, 213,	HWTk	12:34.70	6	1200	B

Item 62 17:00 Final Men U20 3000m SteepleChase

1	FORRESTER,Matthew, 656, / /	TUKS	09:23.42	8	1200	G
2	KOEKEMOER,Travis, 368, / /	MUR	09:27.07	7	1200	S
3	MOKHOTHU,Siyabonga, 705, / /	TUKS	09:32.97	6	1200	B
4	SETSHOHO,Thato, 742, / /	TUKS	10:31.16	5	1200	
5	VAN DER WEATHUIZEN,Lucas, 50,	AHS	10:39.57	4	1200	

Item 64 17:15 Final Women Senior 3000m SteepleChase

1	SWIEGERS,Carina, 597, / /	TUKS	11:31.91	8	885	G
2	COERTZEN,Carlyn, 385, 1990/09/27	PAC	11:47.10	7	852	S

Item 61 16:50 Final Men Senior 3000m SteepleChase

1	LEKOPA,Dikotsi, 287, / /	MAS	09:12.02	8	945	G
2	MEINTJIES,Ruan, 897, / /	TUKS	09:18.23	7	920	S
3	OLEBOGILE,Selokela, 361, / /	MACB	09:38.13	6	842	B
0	VON MOLLENDORF,Melt, 772, / /	TUKS	DNF	0	0	

Item 167 12:40 Final Girls U16 90m Hurdles

1	DU TOIT,Zylia-marie, 11, / /	AHMP	12.42	8	1200	G
2	BOER,Erasel, 95, / /	ECA	12.91	7	1200	S
3	PENNY,Shipalana, 404, / /	PC	13.56	6	1200	B
4	VAN DER BERG,Marisa, 190, / /	HMPK	13.88	5	1200	
5	MULLER,Heike, 17, / /	AHMP	15.47	4	1200	
0	MLILO,Naledi, 89, / /	CHZ	DNS	0	0	

Item 163 12:00 Final Boys U16 100m Hurdles

1	RIFUMO,Chauke, 438, / /	PC	14.07	8	1200	G
2	STEENKAMP,Liam, 253, / /	HZWK	14.88	7	1200	S
0	VILJOEN,Divan, 204, / /	HMPK	DNS	0	0	



0	KEMP,Vihan, 172, / /	HGF	DNS	0	0	
Item 1	12:00 Final Women U18 100m Hurdles Heptathlon				-0.6	
1	JANSSEN,Danika, 846, / /	WILL	16.92		606	
Item 166	12:30 Final Women U18 100m Hurdles				+2.0	
1	KOK,Chane, 60, / /	BOX	13.77	8	1200	G
2	COMPAAAN,Mila, 96, / /	ECA	13.80	7	1200	S
3	VAN DER WESTHUIZEN,Odel, 332, / /	MONT	14.06	6	1200	B
4	VAN GREUNEN,EI Marie, 611, / /	TUKS	14.17	5	1200	
Item 1	12:00 Final Women U20 100m Hurdles Heptathlon				-0.6	
1	THERON,Liezl (1), 598, / /	TUKS	15.21		814	
2	ZEANNE,Kruger, 373, / /	NWU	16.36		671	
Item 165	12:20 Final Women U20 100m Hurdles				+2.0	
1	BEZUIDENHOUT,Chazel, 94, / /	ECA	14.06	8	1200	G
Item 1	12:00 Final Women Senior 100m Hurdles Heptathlon				-0.6	0.838m
1	VERSTER,Shannon (1), 615, / /	TUKS	15.10		828	
2	GRAVETT,Anneri, 372, / /	NWU	16.37		670	
Item 164	12:10 Final Women Senior 100m Hurdles				-0.8	0.838m
1	STEENKAMP,Rikenette, 592, / /	TUKS	13.22	8	1120	G
2	VAN DER MERWE,Antoinette (19), 606,	TUKS	13.84	7	1039	S
3	STIGLINGH,Bernice, 595, / /	TUKS	14.50	6	956	B
Item 162	11:50 Final Men U18 110m Hurdles				+1.8	
1	EVINCE,Dlamini, 420, / /	PC	13.90	8	1200	G
2	ROBERTSON,Duncan, 46,	AHS	14.23	7	1200	S
3	DIMPHO,Koloane, 419,	PC	14.67	6	1200	B
4	MAHLANGU,Siyabonga, 144,	HAKA	15.23	5	1200	
0	KRUGER, Van Reenen, 36,	AHS	DNS	0	0	
Item 113	07:50 Final Men U18 110m Hurdles Decathlon				+1.1	
1	BRONKHORST,Ruan, 640, / /	TUKS	15.49		791	
2	VOGEL,Phillip Lodewyk, 771, / /	TUKS	18.33		493	
Item 161	11:40 Final Men U20 110m Hurdles				+1.1	
1	NEL,Schalk Willem, 250, / /	HZWK	13.99	8	1200	G
2	ADESOLA,Moyosore, 625, / /	TUKS	14.19	7	1200	S
3	STRAUSS,Reynard, 118, / /	ECA	14.28	6	1200	B
4	COETZEE,Eduan, 333, / /	MONT	14.53	5	1200	
5	COETZEE,Dylan, 105, / /	ECA	15.42	4	1200	
0	BANGUE,Jorim, 451, / /	PBHS	Disq: Disqualified	0	0	
Item 160	11:30 Final Men Senior 110m Hurdles				+3.8	1.067m
1	DE VRIES,Ruan, 649, / /	TUKS	13.56	8	1147	G
2	HAMMAN,Muntingh, 662, / /	TUKS	14.33	6.5	1007	S
2	FERNES,Nicholas, 655, / /	TUKS	14.33	6.5	1007	S
4	MUKUCHA,Selby, 113, / /	ECA	14.58	5	964	
5	VAN DER WALT,Roelof, 762, / /	TUKS	14.94	4	903	
Item 113	07:50 Final Men Senior 110m Hurdles Decathlon				+1.1	1.067m
1	PRETORIUS,Friedrich, 729, / /	TUKS	14.65		892	
2	HERN,Edmond, 375, / /	NWU	20.41		318	
Item 86	19:10 Final Girls U16 300m Hurdles					
1	WILLIAMS,Anika, 243, / /	HZWK	43.40	8	1200	G
2	RIEKERT,Jean-mari, 236, / /	HZWK	43.81	7	1200	S
3	PENNY,Shipalana, 404, / /	PC	44.60	6	1200	B
4	STRUWEG,Christine, 378, / /	OMAC	48.21	5	1200	
Item 81	18:50 Final Boys U16 300m Hurdles					
1	STEENKAMP,Liam, 253, / /	HZWK	40.41	8	1200	G
2	RIFUMO,Chauke, 438, / /	PC	41.02	7	1200	S
Item 85	19:05 Final Women U18 400m Hurdles					
1	KOK,Chane, 60, / /	BOX	1:00.37	8	1200	G
2	VENTER,Cara, 308, / /	MIDS	1:00.69	7	1200	S
3	NEL,Anje, 18, / /	AHMP	1:01.93	6	1200	B



4	VAN GREUNEN,El Marie, 611, / /	TUKS	1:03.98	5	1200
5	BEETGE,Nachelle, 3, / /	AHMP	1:04.76	4	1200
6	REABETSWE,Mokolane, 407, / /	PC	1:07.47	3	1200

Item 80 18:45 Final Men U18 400m Hurdles

1	MOREHEN,Keegan, 249, / /	HZWK	0:54.15	8	1200	G
2	LOOTS,Marcel, 39, / /	AHS	0:54.29	7	1200	S
3	OOSTHUIZEN,Ruan, 201, / /	HMPK	0:54.99	6	1200	B
4	EVINCE,Dlamini, 420, / /	PC	0:57.14	5	1200	
5	VAN TONDER,Jc, 259, / /	HZWK	0:57.97	4	1200	
6	DIMPHO,Koloane, 419,	PC	1:00.39	3	1200	

Item 83 19:00 Final Women U20 400m Hurdles

1	EILERD,Charlize, 12, / /	AHMP	1:01.18	8	1200	G
2	LOOTS,Marzaan, 536, / /	TUKS	1:01.26	7	1200	S
3	BEZUIDENHOUT,Chazel, 94, / /	ECA	1:06.11	6	1200	B
4	VISSER,Michelle, 167, / /	HGF	1:06.16	5	1200	

Item 79 18:40 Final Men U20 400m Hurdles

1	ERASMUS,Andre, 35,	AHS	0:52.19	8	1200	G
2	BOTHA,Shandon, 218,	HWTK	0:52.61	7	1200	S
3	DU PLESSIS,Gerdus, 650, / /	TUKS	0:53.02	6	1200	B
4	CLAYTON,Ruan, 244, / /	HZWK	0:54.94	5	1200	
5	GELDENHUYS,Ivan Danny, 660, / /	TUKS	0:56.30	4	1200	
6	HEITBRINK,Luan, 196, / /	HMPK	0:59.92	3	1200	

Item 82 18:55 Final Women Senior 400m Hurdles

1	BIELDT,Taylon, 510, / /	TUKS	0:58.30	8	1072	G
2	MAGERMAN,Gezelle, 540, / /	TUKS	0:58.73	7	1059	S

Item 78 18:35 Final Men Senior 400m Hurdles

1	HAMMAN,Leroux, 663, / /	TUKS	0:50.06	8	1127	G
2	MOGAWANE,Kefilwe, 342, / /	MONT	0:52.27	7	1020	S
3	VAN DER WALT,Ignatius, 764, / /	TUKS	0:52.69	6	1000	B
4	MATHOPA,Tshegofatso, 806, / /	TUT	0:53.07	5	982	
5	BORNMAN,Marcus, 634, / /	TUKS	0:53.53	4	961	
6	MARX,Heinrich, 687, / /	TUKS	0:55.26	3	884	
0	ROBERTS,Rivaldo, 115, / /	ECA	DNF	0	0	

Item 122 08:10 Final Girls U16 HighJump

1	BEZUIDENHOUDT,Bianca, 4, / /	AHMP	1.60	8	1	G
2	BURGESS,Mikyla, 7, / /	AHMP	1.60	7	1	S
3	MATFIELD,Jaime, 16, / /	AHMP	1.55	6	1	B
4	CALITZ,Taenique, 227, / /	HZWK	1.55	5	1	
5	ADORE,Mudzanani, 387, / /	PC	1.50	4	1	
6	THERON,Lize, 239, / /	HZWK	1.45	3	1	
0	VAN ZYL,Edie, 272, / /	JS	DNS	0	0	

Item 46 15:20 Final Boys U16 HighJump

1	ENGELBRECHT,Kyle, 335, / /	MONT	1.85	8	1	G
2	DU VENAGE,Peter, 314, / /	MIDS	1.75	7	1	S
3	MKHAVELI,Yinhla, , / /	HAKA	1.70	6	1	B
4	THERON,Theo, 49,	AHS	1.65	5	1	

Item 28 14:00 Final Women U18 HighJump Heptathlon

1	JANSSEN,Danika, 846, / /	WILL	1.35		460	
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Item 169 13:30 Final Women U18 HighJump

1	COETZEE,Caelin, 9, / /	AHMP	1.60	8	1	G
2	GERBER,Denè, 14, / /	AHMP	1.60	7	1	S
2	BURGER,Mignon, 513, / /	TUKS	1.60	7	1	S
4	AKANI,Sibiya, 389, / /	PC	1.55	5	1	
5	HORNE,Sarine, 121, / /	ELD	1.55	4	1	
6	SPENCER-YOUNG,Megan, 353, / /	MOOT	1.50	3	1	
7	BAKKER,Rochelle, 507, / /	TUKS	1.45	2	1	
0	BISSCHOFF,Rita, 210,	HWTK	DNR	0	0	

Item 5 12:15 Final Men U18 HighJump



1	JAXA,Asekho Musa, 667, / /	TUKS	1.85	8	1	G
2	RAATS,Brian, 174, / /	HGF	1.85	7	1	S
3	BLESSING,Takundwa, 417, / /	PC	1.85	6	1	B
4	DE WET,Devon, 499, / /	SUN	1.80	5	1	
5	MAHLANGU,Siyabonga, 144,	HAKA	1.75	4	1	
5	JOANNOU,Joel, 157, / /	HCEN	1.75	4	1	
0	VAN ROOYEN,Reghard, 51,	AHS	DNR	0	0	

Item 68 18:00 Final Men U18 HighJump Decathlon

1	BRONKHORST,Ruan, 640, / /	TUKS	1.87		687	
2	VOGEL,Phillip Lodewyk, 771, / /	TUKS	1.72		560	

Item 28 14:00 Final Women U20 HighJump Heptathlon

1	THERON,Liezl (1), 598, / /	TUKS	1.65		795	
2	ZEANNE,Kruger, 373, / /	NWU	1.44		555	

Item 157 11:10 Final Women U20 HighJump

1	MAKAMBA,Zihle, 495, / /	SUN	1.60	8	1	G
0	LEBALLO,Lethabo, 140,	HAKA	NM	0	0	

Item 194 14:30 Final Men U20 HighJump

1	DE SWARDT,Nathanael, 648, / /	TUKS	2.05	8	1	G
2	NZOMBE,Tanaka, 503, / /	SUN	2.05	7	1	S
3	GRIEB,Edrich, 170, / /	HGF	1.90	6	1	B
3	RULSE,Kahlim, 735, / /	TUKS	1.90	6	1	B
5	SELOANE,Mzwakhe Junior, 741, / /	TUKS	1.80	4	1	
0	OOSTHUIZEN,Jacques, 343, / /	MONT	DNR	0	0	

Item 28 14:00 Final Women Senior HighJump Heptathlon

1	VERSTER,Shannon (1), 615, / /	TUKS	1.71		867	
2	GRAVETT,Anneri, 372, / /	NWU	1.53		655	

Item 158 11:10 Final Women Senior HighJump

1	ROBSON,Yvonne, 577, / /	TUKS	1.75	8	974	G
2	RAPHUTI,Mokgethwa, 787, / /	TUT	1.50	7	735	S
0	SEYAMA,Erika, 790, / /	TUT	NM	0	0	

Item 68 18:00 Final Men Senior HighJump Decathlon

1	PRETORIUS,Friedrich, 729, / /	TUKS	1.96		767	
0	HERN,Edmond, 375, / /	NWU	DNR		0	

Item 195 14:30 Final Men Senior HighJump

1	MOLEYA,Christopher, 708, / /	TUKS	2.10	8	1002	G
2	BOTHA,Marcel, 635, / /	TUKS	2.00	7	914	S
0	VAN DER WALT,Roelof, 762, / /	TUKS	NM	0	0	

Item 149 10:40 Final Girls U16 Polevault**Item 11 12:30 Final Boys U16 Polevault**

1	ROOVE,Sg, 252, / /	HZWK	2.80	8	1	G
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Item 148 10:40 Final Women U18 Polevault**Item 10 12:30 Final Men U18 Polevault****Item 170 13:30 Final Men U18 Polevault Decathlon**

1	BRONKHORST,Ruan, 640, / /	TUKS	2.80		309	
2	VOGEL,Phillip Lodewyk, 771, / /	TUKS	2.60		264	

Item 115 08:00 Final Women U20 Polevault**Item 172 13:30 Final Men U20 Polevault**

1	VAN DEN BERG,Ethan, 759, / /	TUKS	3.00	8	1	G
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Item 114 08:00 Final Women Senior Polevault

1	STRYDOM,Ida-marie, 596, / /	TUKS	3.30	8	747	G
2	MEYER,Soandri, 548, / /	TUKS	3.20	7	717	S

Item 171 13:30 Final Men Senior Polevault

1	SCHUTTE,Elmar, 737, / /	TUKS	5.30	8	1075	G
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2	PRETORIUS,Friedrich (!), 730, / /	TUKS	4.90	7	967	S
Item 170 13:30 Final Men Senior Polevault Decathlon						
1	PRETORIUS,Friedrich, 729, / /	TUKS	4.90		880	
2	HERN,Edmond, 375, / /	NWU	2.60		264	
Item 116 08:00 Final Girls U16 LongJump						
1	COETZEE,Timeke-jade, 8, / /	AHMP	5.52	8	1	G +0.1
2	UYS,Mia, 603, / /	TUKS	5.45	7	1	S +1.0
3	NAANE,Atang Onkarabetse, 558, / /	TUKS	5.30	6	1	B +0.9
4	VAN DER BERG,Marisa, 190, / /	HMPK	5.28	5	1	+1.2
5	DE KLERK,Anika, 179, / /	HMPK	4.94	4	1	+1.0
6	MULLER,Heike, 17, / /	AHMP	4.57	3	1	+1.5
7	DE JONGH,Megan, 10, / /	AHMP	4.47	2	1	-0.5
0	KETCHA,Shakirah, 350, / /	MOOT	DNR	0	0	
0	ANDERSON,Megan, 205, / /	HOVK	DNR	0	0	
Item 25 13:40 Final Boys U16 LongJump						
1	SANDISO,Jekem, 439, / /	PC	6.03	8	1	G +1.4
2	MOHAPHULI,Murumwa, , / /	HAKA	5.89	7	1	S +0.6
3	COETZEE,Ethan, 31,	AHS	5.80	6	1	B +1.6
4	KWINANA,Ntando, 671, / /	TUKS	5.74	5	1	+1.1
0	MAWASHA,Tshepang, 478,	ROSS	DNR	0	0	
0	MKHAVELI,Yinhla, , / /	HAKA	DNS	0	0	
Item 84 19:00 Final Women U18 LongJump						
1	GERBER,Joanè, 13, / /	AHMP	5.92	8	1	G +0.4
2	ANDERSON,Shawne, 506, 2004/07/16	TUKS	5.41	7	1	S +0.2
3	MURPHY,Carisna, 306, / /	MIDS	5.13	6	1	B -0.4
4	KEISHA,Mangava, 393, / /	PC	5.10	5	1	+0.0
5	AKANI,Sibiya, 389, / /	PC	4.77	4	1	+0.1
6	DU TOIT,KAYLA, 890, 2003/01/01	CHZ	4.47	3	1	+0.0
0	HOPE ,Kelly, 270, / /	JS	DNR	0	0	
0	ANDERSON,Shawne, 209,	HWTK	DNS	0	0	
Item 145 10:20 Final Women U18 LongJump Heptathlon						
1	JANSSEN,Danika, 846, / /	WILL	4.72		485	+1.9
Item 63 17:00 Final Men U18 LongJump						
1	ASANDE,Mthembu, 413, / /	PC	6.85	8	1	G +0.6
2	BLESSING,Takundwa, 417, / /	PC	6.68	7	1	S +0.1
3	SELAELO,Molotja, 441, / /	PC	6.47	6	1	B +0.3
4	MATLALA,Andile, 840, / /	UIT	6.18	5	1	+0.3
5	MBATSHA,Diba, 320, / /	MIDS	5.97	4	1	+0.0
6	SELOANE,Katlego, 851,	WC	5.86	3	1	-0.3
7	WILLMOT,Warren, 384, / /	OAC	5.31	2	1	+0.4
8	JIYANE,Mhlambi, 421, / /	PC	5.00	1	1	-0.8
0	ADEDOKUN,Peace, 143, / /	HAKA	DNR	0	0	
Item 24 13:40 Final Men U18 LongJump Decathlon						
1	BRONKHORST,Ruan, 640, / /	TUKS	6.44		684	+1.6
2	VOGEL,Phillip Lodewyk, 771, / /	TUKS	5.58		498	+1.1
Item 9 12:30 Final Women U20 LongJump						
1	NOLTE,Danielle, 565, / /	TUKS	5.81	8	1	G +1.1
2	SOLARIN,Esther, 591, / /	TUKS	5.75	7	1	S +0.0
3	MAKAMBA,Zihle, 495, / /	SUN	5.39	6	1	B +1.4
4	STEYN,Jessica, 593, / /	TUKS	5.01	5	1	+1.0
Item 145 10:20 Final Women U20 LongJump Heptathlon						
1	THERON,Liezl (!), 598, / /	TUKS	5.36		660	-0.5
2	ZEANNE,Kruger, 373, / /	NWU	5.18		609	+0.7
Item 41 15:10 Final Men U20 LongJump						
1	NOLO,Ramkgopa, 437, / /	PC	7.33	8	1	G -0.8
2	THABO,Mailula, 447, / /	PC	6.74	7	1	S -1.2
3	AZOLA,Tembani, 629, / /	TUKS	6.60	6	1	B -0.2



4	KANDORO,Elshammah, 454, / /	PBHS	6.40	5	1	-0.7
5	MATEYISI,Philisa, 455, / /	PBHS	5.49	4	1	-0.5

Item 8 12:30 Final Women Senior LongJump

1	PEENS,Helene, 568, / /	TUKS	5.80	8	955	G +0.8
2	SEOE,Bophelo, 584, / /	TUKS	5.56	7	903	S +1.9
3	VAN VUUREN,Lane, 613, / /	TUKS	5.22	6	830	B +0.3
4	OKKERS,Leing, 376, / /	OMAC	5.10	5	805	+2.5
5	DALPORTO,Nina, 516, / /	TUKS	4.95	4	773	+1.0
6	VAN DER MERWE,Belindi, 607, / /	TUKS	4.89	3	760	+0.5

Item 145 10:20 Final Women Senior LongJump Heptathlon

1	GRAVETT,Anneri, 372, / /	NWU	5.29		640	+1.3
2	VERSTER,Shannon (1), 615, / /	TUKS	5.17		606	+0.7

Item 40 15:10 Final Men Senior LongJump

1	VAN VUUREN,Jovan, 767, / /	TUKS	7.68	8	1068	G +0.2
2	LE ROUX,Christiaan, 673, / /	TUKS	7.60	7	1051	S -0.9
3	PONISAMMY,Norbert, 728, / /	TUKS	7.53	6	1036	B +1.4
4	SATEKGE,Karabo, 299, / /	MAS	6.91	5	903	-0.1
5	FALLERT,Khucco, 653, / /	TUKS	6.73	4	864	+1.4
6	KOENYANA,Karabo, 286, / /	MAS	6.71	3	860	+0.7
7	AWAKEUMICKS,Constndino, 628, / /	TUKS	6.54	2	824	+0.1
8	LINDE,Marnus, 676, / /	TUKS	6.47	1	809	-0.6
9	MKHABELA,Kopantso, 699, / /	TUKS	5.94	0	698	+1.5
10	SCHULTZ,Christiaan, 494,	SASA	5.69	0	645	+1.4
0	MUNWA,Calvin, 713, / /	TUKS	DNR	0	0	
0	SCHULTS ,Christiaan, 843, / /	UJ	DNS	0	0	
0	GAUCHE,Luke, 659, / /	TUKS	DNF	0	0	

Item 24 13:40 Final Men Senior LongJump Decathlon

1	PRETORIUS,Friedrich, 729, / /	TUKS	7.44		920	+2.5
2	HERN,Edmond, 375, / /	NWU	5.57		496	+1.0

Item 198 14:30 Final Girls U16 TripleJump

1	UYS,Mia, 603, / /	TUKS	10.89	8	1	G +0.0
2	SEGOLE,Ofentse, , / /	HAKA	10.73	7	1	S +0.7
0	ANDERSON,Megan, 205, / /	HOVK	DNR	0	0	

Item 215 16:05 Final Boys U16 TripleJump

1	SANDISO,Jekem, 439, / /	PC	12.29	8	1	G +1.8
2	COETZEE,Ethan, 31,	AHS	12.04	7	1	S +1.1
3	KWINANA,Ntando, 671, / /	TUKS	11.45	6	1	B +1.9
4	MOHAPHULI,Murumwa, , / /	HAKA	11.37	5	1	-2.4

Item 197 14:30 Final Women U18 TripleJump

1	AKANI,Sibiya, 389, / /	PC	11.36	8	1	G +4.0
2	ANDERSON,Shawne, 506, 2004/07/16	TUKS	11.18	7	1	S +2.5
3	MAAKE,Tshegofatso, 141,	HAKA	11.04	6	1	B +2.0
4	KEISHA,Mangava, 393, / /	PC	10.05	5	1	+1.0
0	ANDERSON,Shawne, 209,	HWTK	DNR	0	0	

Item 134 09:25 Final Men U18 TripleJump

1	SANELE,Shoba, 440, / /	PC	14.98	8	1	G -0.6
2	ADEDOKUN,Peace, 143, / /	HAKA	14.01	7	1	S +0.9
3	BLESSING,Takundwa, 417, / /	PC	13.67	6	1	B +1.1
4	ASANDE,Mthembu, 413, / /	PC	13.27	5	1	+2.2
0	SEGOLE,OFENTSE, 142, / /	HAKA	DNS	0	0	
0	MPHAPULE,MURUMWA, 148, / /	HAKA	DNS	0	0	

Item 174 13:30 Final Women U20 TripleJump

1	SOLARIN,Esther, 591, / /	TUKS	12.39	8	1	G +1.5
2	LOUWRENS,Suneel, 537, / /	TUKS	12.30	7	1	S +0.1
3	NOLTE,Danielle, 565, / /	TUKS	12.26	6	1	B -0.1
4	DIKIO,Grace, 281, / /	MAS	11.62	5	1	+0.2
0	MAKAMBA,Zihle, 495, / /	SUN	DNR	0	0	

Item 154 11:10 Final Men U20 TripleJump



1	AZOLA,Tembani, 629, / /	TUKS	14.55	8	1	G	+1.3
2	THABO,Mailula, 447, / /	PC	14.37	7	1	S	+1.1
3	KANDORO,Elshammah, 454, / /	PBHS	13.56	6	1	B	+0.4
4	KGOMO,Kgabo, 839, / /	UIT	13.44	5	1		-1.7
0	SELOANE,Mzwakhe Junior, 741, / /	TUKS	DNS	0	0		

Item 173 13:30 Final Women Senior TripleJump

1	NGOMANE,Njabuliso, 562, / /	TUKS	11.23	8	837	G	-1.3
0	VAN VUUREN,Lane, 613, / /	TUKS	DNR	0	0		
0	BEZUIDENHOUT,Bianca, 509, / /	TUKS	DNR	0	0		

Item 153 11:10 Final Men Senior TripleJump

1	KOENYANA,Karabo, 286, / /	MAS	15.17	8	971	G	+0.4
2	SATEKGE,Karabo, 299, / /	MAS	14.35	7	885	S	+2.1
3	FALLERT,Khucio, 653, / /	TUKS	14.26	6	876	B	+0.9
4	MKHABELA,Kopantso, 699, / /	TUKS	13.49	5	796		+0.8
0	LINDE,Marnus, 676, / /	TUKS	NM	0	0		

Item 31 14:00 Final Girls U16 Shotput

1	VISSER,Savannah, 193, / /	HMPK	14.09	8	1	G	
2	VAN DER BERG ,Cellonika, 189, / /	HMPK	12.48	7	1	S	
3	SWART,Rochè, 24, / /	AHMP	12.22	6	1	B	
4	DU PLESSIS,Ziane, 348, / /	MOOT	11.59	5	1		
5	VENTER,Marle, 241, / /	HZWK	10.88	4	1		
6	KRUGER F38,Simone, 263, / /	IASC	10.63	3	1		
7	KHUNOU,Alicia, 183, / /	HMPK	10.42	2	1		
0	VAN ROOYEN,Mischa, 26, / /	AHMP	DNS	0	0		
0	JANSE VAN RENSBURG,Samantha,	MOOT	DNS	0	0		

Item 121 08:10 Final Boys U16 Shotput

1	STOLTZ,Tian, 896, / /	JS	17.45	8	1	G	
2	POTGIETER,Hanru, 202, / /	HMPK	15.10	7	1	S	
3	LAMBERTS,Henco, 37,	AHS	14.87	6	1	B	
4	STEYN,Waldu, 255, / /	HZWK	10.25	5	1		
0	SCHUBART,Dieter, 48,	AHS	DNR	0	0		
0	MAPETLE,Hlalele, 434, / /	PC	DNR	0	0		
0	MALAN,Paul, 341, / /	MONT	DNS	0	0		
0	KHUNOU,Ronald, 197, / /	HMPK	DNS	0	0		

Item 33 14:00 Final Women U18 Shotput**Item 48 15:20 Final Women U18 Shotput Heptathlon**

1	JANSSEN,Danika, 846, / /	WILL	08.52		433		
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Item 12 12:30 Final Men U18 Shotput

1	SMITH,Aiden, 203, / /	HMPK	18.37	8	1	G	
2	OOSTUIZEN,Damian, 42, / /	AHS	17.74	7	1	S	
3	BRINK,Carlo, 30,	AHS	16.46	6	1	B	
4	DU TOIT,Franco, 313, / /	MIDS	14.96	5	1		
5	ROOS,Waldo, 47, / /	AHS	14.56	4	1		
6	VAN DER WALT,Kyelle, 92, / /	CHZ	10.95	3	1		
7	SWANEPOEL,Sp, 90, / /	CHZ	09.28	2	1		
0	AZANIA,Mokoena, 416, / /	PC	DNR	0	0		

Item 50 15:20 Final Men U18 Shotput Decathlon

1	VOGEL,Phillip Lodewyk, 771, / /	TUKS	12.64		645		
2	BRONKHORST,Ruan, 640, / /	TUKS	08.68		407		

Item 48 15:20 Final Women U20 Shotput Heptathlon

1	THERON,Liezl (1), 598, / /	TUKS	09.42		492		
2	ZEANNE,Kruger, 373, / /	NWU	07.96		397		

Item 187 14:00 Final Women U20 Shotput

1	DEGLI UMBERTI,Bodine, 180, / /	HMPK	12.88	8	1	G	
2	RITCHIE,Britnny, 20, / /	AHMP	12.56	7	1	S	
3	JANSE VAN RENSBURG,Danae, 532,	TUKS	12.32	6	1	B	



4 MULAUDZI, Ronewa, 496, / / SUN 08.03 5 1

Item 143 10:10 Final Men U20 Shotput

Item 48 15:20 Final Women Senior Shotput Heptathlon 4.000kg

1 VERSTER, Shannon (1), 615, / / TUKS 10.90 589
2 GRAVETT, Anneri, 372, / / NWU 08.75 448

Item 186 14:00 Final Women Senior Shotput 4.000kg

1 SMUTS, Sonia, 590, / / TUKS 14.40 8 858 G
2 OKKERS, Leing, 376, / / OMAC 08.79 7 511 S
3 YANE, V D Merve, 842, / / UJ 08.38 6 486 B
4 LETAGENG, Dimakotso, 484, SASA 07.63 5 440

Item 142 10:10 Final Men Senior Shotput 7.260kg

1 THAGE, Tumelo, 753, / / TUKS 16.88 8 935 G
2 NOEMDO, Kerwin, 492, SASA 14.00 7 764 S
3 HAUPT, Burton, 54, 1961/09/15 AGNMA 13.45 6 732 B
4 PILLAY, Tyrone, 493, SASA 12.93 5 701
5 PLEWS, Martin, 55, / / AGNMA 12.89 4 699
6 BREEDT, Tjaart, 637, / / TUKS 12.57 3 680

Item 50 15:20 Final Men Senior Shotput Decathlon 7.260kg

1 PRETORIUS, Friedrich, 729, / / TUKS 13.60 704
2 HERN, Edmond, 375, / / NWU 09.55 459

Item 205 15:05 Final Girls U16 Discus

1 VAN DER BERG, Cellonika, 189, / / HMPK 38.58 8 1 G
2 VISSER, Savannah, 193, / / HMPK 35.87 7 1 S
3 KHUNOU, Alicia, 183, / / HMPK 35.72 6 1 B
4 KRUGER, F38, Simone, 263, / / IASC 34.28 5 1
5 VENTER, Marle, 241, / / HZWK 33.29 4 1
6 DE BRUYN, Daniëlle, 324, / / MONT 31.13 3 1
7 SWART, Rochè, 24, / / AHMP 30.42 2 1
0 VAN ROOYEN, Mischa, 26, / / AHMP DNR 0 0
0 DU PLESSIS, Ziane, 348, / / MOOT DNR 0 0
0 JANSE VAN RENSBURG, Samantha, MOOT DNR 0 0
0 VAN ZYL, Edie, 272, / / JS DNR 0 0

Item 47 15:20 Final Boys U16 Discus

1 STOLTZ, Tian, 896, / / JS 63.88 8 1 G
2 POTGIETER, Hanru, 202, / / HMPK 57.27 7 1 S
3 LAMBERTS, Henco, 37, AHS 56.55 6 1 B
4 STEYN, Waldu, 255, / / HZWK 44.73 5 1
5 MALAN, Paul, 341, / / MONT 43.76 4 1
0 SCHUBART, Dieter, 48, AHS DNR 0 0
0 MAPETLE, Hlalele, 434, / / PC DNR 0 0
0 KHUNOU, Ronald, 197, / / HMPK DNR 0 0

Item 71 18:00 Final Women U18 Discus

1 KHUNOU, Lesedi, 98, / / ECA 43.89 8 1 G
2 WESSELS, Febe, 354, MOOT 39.87 7 1 S
3 IMMELMAN, Lindi, 122, / / ELD 37.96 6 1 B
4 MALAN, Liennekke, 328, / / MONT 37.21 5 1
5 LETHABO, Komane, 396, / / PC 36.14 4 1
6 VAN ZYL, Cathlene, 192, / / HMPK 35.02 3 1
7 CALITZ, Wilmarie, 178, / / HMPK 31.81 2 1
0 DE SOUSA ROSSOUW, Leoni, 229, / / HZWK DNR 0 0
0 DAVIDS, Ashley, 517, / / TUKS DNR 0 0

Item 120 09:15 Final Men U18 Discus

1 BRINK, Carlo, 30, AHS 54.47 8 1 G
2 BOTHA, Jean Aldo, 898, 2003/04/18 JS 52.06 7 1 S
3 OOSTUIZEN, Damian, 42, / / AHS 47.43 6 1 B
4 ROOS, Waldo, 47, / / AHS 42.61 5 1



5	DU TOIT,Franco, 313, / /	MIDS	42.40	4	1	
6	SWANEPOEL,Sp, 90, / /	CHZ	29.07	3	1	
0	AZANIA,Mokoena, 416, / /	PC	DNR	0	0	
0	VAN DER WALT,Kyelle, 92, / /	CHZ	DNR	0	0	

Item 141 10:10 Final Men U18 Discus Decathlon

1	VOGEL,Phillip Lodewyk, 771, / /	TUKS	36.13		586	
2	BRONKHORST,Ruan, 640, / /	TUKS	23.92		346	

Item 4 12:15 Final Women U20 Discus

1	DEGLI UMBERTI,Bodine, 180, / /	HMPK	44.10	8	1	G
2	PONT,Ilandrè, 19, / /	AHMP	38.50	7	1	S
3	MULAUDZI,Ronewa, 496, / /	SUN	26.77	6	1	B

Item 32 14:00 Final Men U20 Discus**Item 3 12:15 Final Women Senior Discus**

					1.000kg	
1	HOFFMANN F44,Mandilene, 261, / /	IASC	29.74	8	518	G
2	COMBRINK,Maria, 482, / /	SASA	27.73	7	481	S
3	YANE,V D Merve, 842, / /	UJ	25.07	6	433	B
4	LETAGENG,Dimakotso, 484,	SASA	18.65	5	316	
0	VAN DER MERWE,Yane, 485,	SASA	DNR	0	0	

Item 141 10:10 Final Men Senior Discus Decathlon

					2.000kg	
1	PRETORIUS,Friedrich, 729, / /	TUKS	43.81		742	
2	HERN,Edmond, 375, / /	NWU	30.83		481	

Item 29 14:00 Final Men Senior Discus

					2.000kg	
1	VAN HEERDEN,Dewald, 765, / /	TUKS	59.05	8	1043	G
2	HAUPT,Burton, 54, 1961/09/15	AGNMA	43.05	7	750	S
3	BREEDT,Tjaart, 637, / /	TUKS	39.40	6	684	B
4	WATSON,Rowland, 774, / /	TUKS	36.90	5	638	

Item 112 07:45 Final Girls U16 Hammer

1	DE BRUYN,Daniëlle, 324, / /	MONT	36.75	8	1	G
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Item 185 14:00 Final Boys U16 Hammer**Item 109 07:45 Final Women U18 Hammer**

1	ESTERHUYSE,Chandre, 522, / /	TUKS	45.48	8	1	G
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Item 184 14:00 Final Men U18 Hammer**Item 110 07:45 Final Women U20 Hammer**

1	DEGLI UMBERTI,Bodine, 180, / /	HMPK	53.02	8	1	G
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Item 183 14:00 Final Men U20 Hammer

1	JACOBS,Johan, 666, / /	TUKS	42.84	8	1	G
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Item 111 07:45 Final Women Senior Hammer

					4.000kg	
1	PRETORIUS,Margo Chene, 571, / /	TUKS	57.09	8	885	G
2	GEEL,Leandri, 84, / /	CGA	54.39	7	842	S
3	GREYLING,Marinda, 527, / /	TUKS	53.88	6	833	B
4	FOURIE,Lzelle, 83, / /	CGA	48.34	5	745	

Item 182 14:00 Final Men Senior Hammer

					7.260kg	
1	MAKHETHE,Tshepang, 685, / /	TUKS	65.82	8	976	G
2	BEKKER,Kristiaan, 85, / /	CGA	57.85	7	854	S
3	VENTER,Martin, 56, / /	AGNMA	47.59	6	697	B
4	VAN RENSBURG,Vincent, 86, / /	CGA	45.92	5	672	
5	HAUPT,Burton, 54, 1961/09/15	AGNMA	42.87	4	625	

Item 196 14:30 Final Girls U16 Javelin

1	VAN DER BERG ,Cellonika, 189, / /	HMPK	39.72	8	1	G
2	VISSER,Savannah, 193, / /	HMPK	38.10	7	1	S
3	WIESE,Kenisha, 242, / /	HZWK	35.50	6	1	B
4	BOONZAAIER,Zonique, 88, / /	CHZ	30.07	5	1	
0	VAN ZYL,Edie, 272, / /	JS	DNR	0	0	

Item 155 11:10 Final Boys U16 Javelin

Meeting :2020/03/13 to 2020/03/14: AGN SUB-YOUTH, YOUTH, JUNIOR, MASTERS & SEN (1) at BESTMED TUKS


1	PIENAAR,Juandré, 43,	AHS	63.14	8	1	G
2	VAN TONDER,Ulrich, 176, / /	HGF	55.80	7	1	S
3	POTGIETER,Hanru, 202, / /	HMPK	53.38	6	1	B
0	LABUSCHAGNE,Francois, 130, / /	ELD	DNR	0	0	

Item 33 14:00 Final Women U18 Javelin

1	VAN DER WESTHUIZEN,Mckyla, 240,	HZWK	54.30	8	1	G
2	JANSEN,Illana, 123, / /	ELD	40.59	7	1	S
3	SIEPKER,Nicole, 21, / /	AHMP	35.90	6	1	B
4	LETHABO,Komane, 396, / /	PC	30.19	5	1	
5	GOUWS,Corlia, 181, / /	HMPK	29.02	4	1	
0	VISSER,Zuleike, 28, / /	AHMP	DNR	0	0	
0	MALAN,Liennekke, 328, / /	MONT	DNR	0	0	
0	CONRADIE,Leandi, 228, / /	HZWK	DNR	0	0	
0	VAN ROOYEN,Emma, 191, / /	HMPK	DNR	0	0	
0	BOONZAAIER,Zonique, 88, / /	CHZ	DNR	0	0	

Item 175 13:30 Final Women U18 Javelin Heptathlon

1	JANSSEN,Danika, 846, / /	WILL	25.56		393	
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Item 45 15:20 Final Men U18 Javelin

1	VAN DER LINDEN,Armant, 760, / /	TUKS	66.68	8	1	G
2	STEYN,Volker, 254, / /	HZWK	62.41	7	1	S
3	ROBERTSON,Duncan, 46,	AHS	62.32	6	1	B
4	VAN ASWEGEN,Berno, 256, / /	HZWK	56.76	5	1	
5	VAN STADEN,Hermanus, 383, / /	OMAC	56.57	4	1	
6	PRINSLOO,Dillon, 223, / /	HWTk	55.16	3	1	
7	VAN TONDER,Almeroux, 175, / /	HGF	52.95	2	1	
8	VAN DER WALT,Kyelle, 92, / /	CHZ	34.46	1	1	
9	SWANEPOEL,Sp, 90, / /	CHZ	27.38	0	1	
0	DAHMS,Dian, 32,	AHS	DNS	0	0	

Item 207 15:30 Final Men U18 Javelin Decathlon

1	VOGEL,Phillip Lodewyk, 771, / /	TUKS	45.65		525	
2	BRONKHORST,Ruan, 640, / /	TUKS	35.93		383	

Item 7 12:15 Final Women U20 Javelin

1	VAN ZYL,Chane, 379, / /	OMAC	48.48	8	1	G
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Item 175 13:30 Final Women U20 Javelin Heptathlon

1	THERON,Liezl (1), 598, / /	TUKS	29.04		458	
2	ZEANNE,Kruger, 373, / /	NWU	24.71		377	

Item 133 09:25 Final Men U20 Javelin

1	HUMAN,Ruan, 338, / /	MONT	64.70	8	1	G
2	MOUTON,Conrad, 158, / /	HCEN	62.42	7	1	S
3	KLEYNHANS,Jacques, 670, / /	TUKS	62.14	6	1	B
4	VAN DER WALT,Ruben, 91, / /	CHZ	62.02	5	1	
5	BOTHA,Reghardt, 169, / /	HGF	61.61	4	1	
6	NEL,Joshua, 41,	AHS	58.12	3	1	

Item 6 12:15 Final Women Senior Javelin

1	VILJOEN,Sunette, 617, / /	TUKS	58.30	8	1046	G
2	MOSTERT,Kelsy-ann, 553, / /	TUKS	43.88	7	780	S
3	COETZEE,Danielle, 515, / /	TUKS	41.00	6	727	B
0	LETAGENG,Dimakotso, 484,	SASA	DNR	0	0	
0	YANE,V D Merve, 842, / /	UJ	DNS	0	0	

Item 175 13:30 Final Women Senior Javelin Heptathlon

1	VERSTER,Shannon (1), 615, / /	TUKS	38.85		645	
2	GRAVETT,Anneri, 372, / /	NWU	32.48		524	

Item 132 09:25 Final Men Senior Javelin

1	HOTZHAUZEN,Tobie, 171, / /	HGF	73.41	8	1008	G
2	BURGERS T64,Emile, 264, / /	IASC	48.71	7	658	S
3	PLEWS,Martin, 55, / /	AGNMA	35.34	6	471	B

Item 207 15:30 Final Men Senior Javelin Decathlon

800g



1	PRETORIUS, Friedrich, 729, / /	TUKS	58.25	712
2	HERN, Edmond, 375, / /	NWU	50.56	597

Item 100 20:10 Final Girls U16 5km Walk

1	MOTSHWARI, Letlhogonolo, 554, / /	TUKS	29:39.97	8	1200	G
2	MOFOKENG, NEO, 892, 2006/11/20	NDA	35:13.84	7	1200	S
3	MSANI, Nombuso, 555, / /	TUKS	36:47.46	6	1200	B

Item 99 20:10 Final Boys U16 5km Walk

1	NYEMBE, Msizi, 727, / /	TUKS	27:29.40	8	1200	G
2	MACHABELA, Oratile Paul, 680, / /	TUKS	27:48.32	7	1200	S
3	MNCIBI, Olwethu, 701, / /	TUKS	27:53.92	6	1200	B
4	LANDO, Ahlume, 672, / /	TUKS	28:26.68	5	1200	
5	CHAUKE, WISDOM, 893, 2006/01/25	NDA	33:03.55	4	1200	

Item 98 20:10 Final Women U18 5km Walk

1	TSHONTI, Koketso, 602, / /	TUKS	27:58.20	8	1200	G
2	MKHIZE, Ayanda, 550, / /	TUKS	30:18.52	7	1200	S
0	MKHIZE, Thubelihle, 549, / /	TUKS	Disq: DQ	0	0	

Item 104 06:30 Final Men U18 10km Walk

1	WILLIAMS, Rivers, 776, / /	TUKS	0:49:51.57	8	1200	G
2	MAKGANE, Gabriel Shimmy, 684, / /	TUKS	0:52:55.31	7	1200	S
3	MANDLA, Asikhokele, 686, / /	TUKS	0:59:08.74	6	1200	B

Item 108 06:30 Final Women U20 10km Walk

1	SWANEPOEL, Marissa, 216, / /	HWTK	0:52:25.68	8	1200	G
2	MAKGETHA, Maphule Ophenia, 542, /	TUKS	0:58:25.75	7	1200	S

Item 106 06:30 Final Men U20 10km Walk

1	MNYAMANA, Bheki, 703, / /	TUKS	0:50:07.30	8	1200	G
2	NDLAZI, Nhlanhla, 716, / /	TUKS	0:50:48.81	7	1200	S
3	NHLAPO, Vincent, 719, / /	TUKS	0:53:59.24	6	1200	B
4	ZUNGU, Sbonokuhle, 781, / /	TUKS	0:54:11.32	5	1200	

Item 107 06:30 Final Women Senior 10km Walk

1	MATSEBA, Whitney, 784, / /	TUT	1:02:23.14	8	564	G
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Item 105 06:30 Final Men Senior 10km Walk

1	PULE, Tumisang, 829, / /	TUT	0:45:26.03	8	910	G
2	MNISI, Mthunzi, 702, / /	TUKS	0:48:45.51	7	787	S
3	HEYMANS, Jacques, 664, / /	TUKS	0:49:01.23	6	778	B
4	KOBUE, Mzwakhe, 462, / /	PMC	0:49:18.55	5	768	
5	BRITZ, Chris, 639, / /	TUKS	0:58:25.23	4	480	
6	BESTER, Johannes, 1, / /	ACRW	0:58:25.38	3	480	
7	SEPENG, Tshireletso, 832, / /	TUT	1:03:29.43	2	350	